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READ "MAKING EASY THE PAYMENT OF YOUR DEBTS"



NAUTILUS

Magazine of New Thought

*Edited by Elizabeth Towne
and William E. Towne*

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In this issue you will find:

More Confessions of Brown Landone
Freed From a Great Repression by The Christ
Within
The Divine Power of Truth Heals Tuberculosis

APRIL 1926

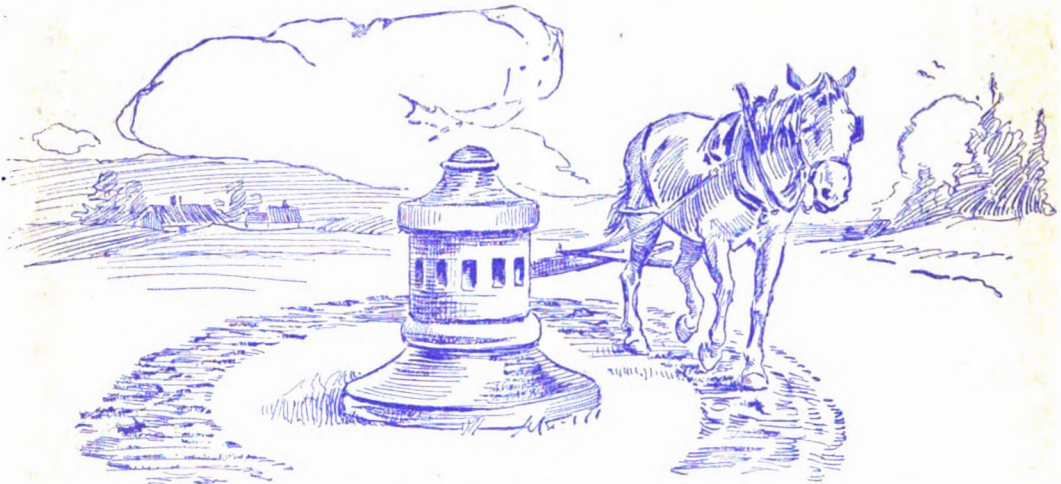


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Perhaps you, too, are traveling in a circle. A circle as regards success. Or health. Or love.

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"Work doesn't use me up and upset my digestion now, and my brain is clearer. (My work is very trying—X-ray diagnosis and therapy.) Hemoglobin jumped from 75 to 100%, showing increased oxygen in blood. Please send Lesson II."—L. R. C., M. D., Idaho.

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"My success is almost phenomenal and it is growing better all the time. My income has increased just four times to what it was. When I sent for the Lessons I was like a ship far out to sea, without compass or propeller. Now, thanks to your Lessons, all that has passed away. There seems to have been a load taken from my mind, or something. I cannot explain the feeling."—MRS. W. A. S., Tex.

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"I was what doctors termed a complete physical wreck. I tried your Lessons and in three weeks began to be like my old self, full of life and vim and gaining in flesh and color. Now, after a year, I am having good results in treating others."—Mrs. L. L. S., Ohio.

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"My memory is better and I am more efficient in my work. Have regained the love of one I was afraid I was losing. Please send Lesson III."—R. M., Wis.

"You don't know how grateful I am. I am beginning to realize my heart's desire. Have sent out my Good Will and gotten wonderful results. There are some people in town who charge \$25 for lessons practically the same as yours."—Mrs. J. W. B., Ind.

How to Get the Lessons Free

THE FOUR LESSONS ARE FREE with an order for our own publications at regular retail price (selected from the list on pages 6 and 7 of this magazine) amounting to not less than \$3.25.

Solar Plexus book and "How to Concentrate" (both by Mrs. Towne) must be used with the Lessons and should be included in your order.

Or you can get the Four Lessons and the two booklets for \$1.60.

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Holyoke, Mass.

NAUTILUS NEWS BY THE EDITORS

ARTHRITIS FOR ELEVEN YEARS CURED SINCE READING NAUTILUS.

"I have been helped by the teachings of your magazine. I am now recovering from eleven years of arthritis, able to walk very good and have had no pain for over a year. The healing came gradually when I prayed God to heal me and lead me to light, when I learned to forgive wrongs done years ago and to love where there had been dislike and to view compassionately what had been condemned. Soon I will be entirely well. Enclosed check is for renewal of my subscription."—C. E. W., California. If you will hand this copy of *Nautilus* to some one who will read it, perhaps it will bring help and healing just as it did in the above case.

THE MAN WHO PUT GOD INTO HIS WORK. *"The Man Who Regained His Lost Success by Putting God into His Work,"* by Felix J. Koch, is one of the most unique messages ever printed in *Nautilus*. (It will appear in the May number.)

It is a message of the times. It is a bugle cry to the restless, material-minded, ambitious ones to get back to God as the one Source of all their good.

As an experience this article is unsurpassed in interest by anything we have ever offered our readers. Felix J. Koch, the author, is today the accredited correspondent of perhaps three thousand standard trade and technical and otherwise informative magazines.

Watch for this article in May *Nautilus*.

PARENTS PLEASE NOTE!

The children of to-day will become the builders of the world of tomorrow. And whether they shape that world for good or ill depends very largely upon the vision with which they become inspired now.

"Where there is no vision the people perish." Vision is now largely lacking. We have power, wealth, machinery to do our work—but the vision of the real and deep purposes of life are submerged.

The old theology has given place to new and more intellectually satisfying conceptions of religion, but we have lost somewhat of fervor, inspiration, vision, from our everyday life.

New Thought will help to give back to the coming generations somewhat of the true vision—"without which the people perish".

Nautilus believes this so strongly that it urges all parents to read and act upon the two prize offers published in this column last month, so that the best you have gained through experience with your own children, in the field of New Thought, may be passed on to other parents.

Say you saw it in NAUTILUS. See guarantee, page 5.

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Will you co-operate with us in this effort by reading the announcement in last month's *Nautilus*. "Still Another Prize Contest," and perhaps taking part in the experience test?

And next month we shall open a permanent "Parents and Children" Department in *Nautilus*, dedicated to the purpose of helping parents in their efforts to inspire the true Vision in the coming world makers.

**COMING! COMING!
IN MAY NAUTILUS.**

"Love As a Corrective Agent," by Martha C. Helmes. She had been married just six years. To a worthy young fellow whom

she loved and who loved her sincerely. They had a fine home, a good income—but—he became a confirmed drunkard. There came a time when "for six weeks he had not drawn a sober breath". In desperation his wife was lead to try New Thought. She suggested—well, read the article in May *Nautilus* and learn just how this wife cured her husband of drunkenness.

"Finding the Christ Within," by Dr. Lina D. Kuppe. In Los Angeles 10 different people who heard Dr. Kuppe's talk on this subject came to her later and said it had changed their lives in a marvelous manner. Read it in May *Nautilus*.

"Demonstrating Prosperity Through Faith," by Rafael Santoris, author of that wonderful article, "A Dream Revealed to Me the Truth," recently published in *Nautilus*. The May article will tell how \$30 was demonstrated to pay a bill, and in the exact denominations pictured—two tens and two fives.

"Painful Sores of Twenty Years' Standing Healed by God's Love," by W. Y. M. A personal experience of the author's. Every form of medical treatment had failed to bring results, but Truth healed the sores as if by magic.

"A Spring Grace," by B. Bradford. A lovely page poem of spring.

All the above in May *Nautilus*.

HAVE YOU MET WITH SUCCESS?

If you have been successful in applying New Thought, write us a letter for *Nautilus* Success Letter Department. Many of our newer subscribers find great help and encouragement in this department. Have you been successful in solving matrimonial discords in your home? Tell us about it. (Your name will not be used, of course.) Have you had success in treating some chronic disease in yourself? Tell us about it and help others.

I certainly did enjoy that Prosperity number of NAUTILUS. It was splendid and inspiring! My continued Good Wishes to you and your great work.—CHARLOTTE S. MARTINDALE, 5338 Blackstone Ave., Chicago.

Many, many times I have gotten my new NAUTILUS and found in your Editorials the explanation of some point that I had not "thought through" to my own satisfaction. And before that it was the solution to problems. So you have been a very dear friend, and I truly appreciate you.—MRS. HELEN RICHARDSON, 432 Liberty St., Portland, Oregon.

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Try This New Mental Method of Gland Treatment

**Amazing Results in Bodily Rejuvenation
and Restoration of Youth by
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"Two months after starting the gland treatment my skin became more alive, the outline of my face became more youthful and my hair is nearly back to its old shade of brown. I firmly believe that I have attained greater results through my applied New Thought than any patient of the greatest scientist or surgeon has attained."

And that isn't all. There were other still more startling results in the way of physical rejuvenation, which you will find described in full in the booklet, "GLAND TREATMENT FOR RENEWAL OR REJUVENATION OF THE BODY THROUGH APPLIED NEW THOUGHT".

The book describes briefly the function of the principal glands, shows their approximate location by a simple little diagram, and TELLS HOW TO TREAT THEM FOR REJUVENATION.

The author of the book is a woman who, a few years ago, found herself approaching middle-age and in great danger that her work would be handicapped thereby. Her employment brought her in daily contact with the young of both sexes, and they had little use for "has beens".

The woman became interested in various forms of rejuvenation treatment, read "Black Oxen" and witnessed the screen version, etc.

BUT—she could not afford expensive operations, however hopeful of benefit.

One day she remembered that she was supposed to be a believer in New Thought; yet she had never tried to apply it to THIS problem—the greatest of her life.

Right there she mapped out a simple treatment—taking but a few minutes daily—which she has followed ever since.

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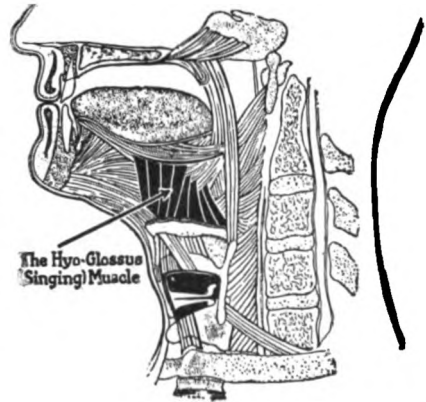
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Says:

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The language quoted at the top of this page is strong language. There is no doubt about that. In fact, it is amazing language to those who are not acquainted with the work of the man who uses it.



Judge Daniel A. Simmons, Jurist,
Author, Lecturer, Teacher.

THE disease-ridden and poverty-enthralled human race is not yet fully accustomed to this voice crying forth its glad message in the wilderness of the world's sorrow and disappointment. And Judge Simmons does not pretend that his message is anything other than a voice—the voice of the God-Self that dwells in you, dear reader of this page, and urges you on to higher achievements, more abundant success, and a nobler, happier life. That God-Self within you never sleeps. It is timeless, and changeless, and deathless, and abundantly able to give you every desire of your heart.

If some unknown and irresponsible person should come proclaiming deliverance from sickness, poverty, worry and unhappiness, one might be warranted in paying little or no attention to him. But Judge Simmons is neither unknown nor irresponsible. He is one of the Judges of the highest and most important trial court in his State. He has an international reputation as a Psychologist and Psycho-Analyst. He is the author of several books and a prolific writer of magazine articles. And, what is more to the point

just here, he has actually introduced a great many men and women to their indwelling God-Selves, thereby enabling them to heal practically all manner of stubborn diseases, to achieve success, to go to the top in business and professional life, to attain love and happiness, and to come into a state of peaceful assurance which passes understanding. We have a great mass of documentary proof of all of these accomplishments.

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THE NAUTILUS

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Contributors
For 1926-1927
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HOW CHILDREN ARE HELPED BY SUGGESTIONS DURING SLEEP. By Elizabeth Towne, Rev. Andrews Bede, et al.
THE RADIANT PATH TO ACHIEVEMENT: A Miracle Healing and How It Was Done. By Kate Atkinson Boehme and Rev. Frederick Elias Andrews.
THE BOOK THAT HAS HELPED MOST IN BUSINESS. By "A Doctor of Human Nature".
THOUGHT FORCE FOR SUCCESS. By Elizabeth Towne.
SUCCESS TO SOLDIERS. The Secret of Power and Protection. By Elizabeth Towne.

Start A New Thought Center In Your Vicinity

Why not organize your friends and acquaintances into a New Thought Center or Club? You could keep New Thought literature on sale and this would help to pay expenses. Why not get together for meeting, study, sociability? Get our free letter that tells how to start a Center and ask for our plan for FREE advertising for Centers that sell our literature.

THE ELIZABETH TOWNE COMPANY, Inc., HOLYOKE, MASS.

ELTO SERVICE

Offered by NAUTILUS MAGAZINE to Its Readers

WHAT IT IS: A SERVICE of Personal Letters with analysis of your problem, instruction and realization methods. Its purpose is to give our friends who desire it direct, personal, individual consultation and the silent word for realization.

NAME AND PERSONNEL: "Elto" is a condensation of the name ELIZABETH TOWNE, who for 81 years has been working out in her own life the principles and methods of metaphysical healing as taught and demonstrated by Jesus Christ. William E. Towne in his 26 years of association with Elizabeth Towne reaches similar conclusions through the study of Applied Psychology and Psycho-Analysis. ELTO SERVICE is not only their personal experience, but that of their teaching, lecturing, writing and organization work as well. Mr. Alwyn R. Gruenwald, with his business, healing, teaching and lecturing experience has been added as Executive Director.

HOW TO CONNECT WITH ELTO: State your problem concisely and in full. Mention age, nationality, weight, whether married or single, family relationships, occupation, and briefly what you have done thus far in bringing your desires to pass. Should we require further information, a questionnaire will be mailed to you.

TERMS: \$5 plus Love Offering if the Spirit moves. The \$5 helps to cover the average cost per letter, office expense, salaries of stenographers, etc.

ADDRESS: All letters to ELTO SERVICE, Alwyn R. Gruenwald, Executive Director, 247 Cabot St., Holyoke, Mass.

Say you saw it in NAUTILUS. See guarantee, page 5.

NEW THOUGHT CENTERS.

Following is a list of New Thought Centers and Reading Rooms. The letter (M) following indicates that open meetings are held.

- ASBERDEEN, Scotland, N. B.**—First Harmony New Thought Center, Joseph Taylor, Secretary, 45 John st. (M)
- ALAMEDA, Cal.**—Home of Truth, cor. Grand st. and Alameda ave. (M)
- ADELAIDE, So. Australia.**—New Thought Society, Mrs. Lillian Nicholls, Darling Bldg., Franklin St. (M)
- ANDERSON, Ind.**—Anderson Truth Center, 421 W. 11th st. Glen M. Tait. (M)
- ATLANTIC CITY, N. J.**—Truth Center, 1113 Boardwalk, Suite 6. Carl W. Hubert, Leader. Reading Room. (M)
- AUCKLAND, N. Z.**—Higher Thought Centre, Art's Hall, Kitcheners St. (M)
- BAKERSFIELD, Cal.**—Studio of Applied Psychology and New Thought Reading Room. Mrs. Frieda Fechter, Leader, 1809 2nd St. (M)
- BALTIMORE, Md.**—New Thought Center and reading room, 603 N. Paca St. Rev. Grace A. M. Bratcher. (Col.)
—Baltimore New Thought and Unity Meetings. Health Studio, 815 Hamilton Terrace (North Eutaw St.) Sundays 11 A. M. Tues. 3 P. M. Dr. Gertrude V. Sheekels, Director.
—Ida Mae Waters, 609 Cathedral st. (M)
- BOSTON, Mass.**—Mrs. Mary E. T. Chapin, 158 Newbury st. Mid-week meeting. (M)
—The Metaphysical Club, 234 Boylston st. Fri. 3 p. m., Sun. 11 a. m. and 8 p. m. (M)
- BOURNEMOUTH, England.**—Mrs. Helen Rhodes-Wallace, Leader, 7 Cecil Hill, Queen's Park. (M)
- BRIDGEPORT, Conn.**—The Bridgeport New Thought Center, 189 State st. (M)
- BROOKLYN, N. Y.**—Radiant Center, Mrs. T. Shoudy, 950 Greene av. (M)
—Truth Center, Mary Frances Walsh, 128 Park Place. (M)
- BUFFALO, N. Y.**—League for the Larger Life, 152 Elmwood av. Meetings Wed. & Sun. 8 p. m. Lending Library.
- CENTRALIA, Ill.**—Metaphysical Library and Reading Room. 200 1/2 E. Broadway, R. 6 (upstairs).
- CINCINNATI, Ohio.**—New Thought Temple, 1216 Mercantile Lbr. Bldg. Rev. James H. Pateman, Pastor. (M)
—Cincinnati Unity Center, Frederick Elias Andrews. Burnett House, 309 Vine. Daily 12 and 2. (M)
—New Thought Universal Truth Center, 11 W. McMicken Ave. near Vine st. Leader, Wilhelmina Bickett.
- CHICAGO, Ill.**—Chicago First Unity Society, 511 Capitol Bldg., 159 N. State st. Nellie McCollum, Leader.
—Mr. H. W. Tiers, 224 South Michigan Ave.
- CLEVELAND, Ohio.**—The First Church of Divine Science of Cleveland, Ohio, 337 Truman Bldg., 1030 Euclid Ave.
- COLLISON, Ill.**—Truth Center. Mrs. Mary Fritz.
- COLORADO SPRINGS, Colo.**—New Civilization Center, Mrs. M. S. Rossignol, 118 E. Platte.
- DALLAS, Tex.**—"The Guidepost, Inc.," 1708 1/2 Commerce St. Library. (M)
—Unity Self Help Circle, 1631 Pine St. Mrs. George W. Keeley, Secretary. (M)
—Joseph H. Higdon Center, 4055 Tuttle ave.
- DENVER, Colo.**—The Colorado College of Divine Science, 1819 E. 14th Ave. Rev. Nona L. Brooks, Pres. (M)
—Emma Lee, School of Spiritual Science, 701 27th st. (M)
- DES MOINES, Iowa.**—Nautilus New Thought Center, Miss Juanita M. Meyer, 409 Brown Hotel, 5:30 to 8:00 evenings.
- DUMONT, N. J.**—New Thought Center and Rest Room for N. T. people. Mrs. C. E. Bennett. (M)
- EDINBURGH, Scotland.**—Edinburgh New Thought Center, 37 Castle St. Library. (M)
- FOLSOM, W. Va.**—Mrs. J. W. Scott.
- FT. WAYNE, Ind.**—Mrs. Margaret Conn, 2505 S. Barr st. 1st and 4th. Fri. 8 p. m. (M)
- HONOLULU, T. H.**—Metaphysical Centre, Lanika Library and Reading Room. (M)
- HOUSTON, Texas.**—Unity Metaphysical Center, 1 and 2 New Ma-seattle Theatre Bldg. Miss Mary Maxwell Western. (M)
- INDIANAPOLIS, Ind.**—Unity Truth Center, 1115 Old Fellows' Bldg., Muriel G. Powell, Leader. (M)
- JACKSONVILLE, Fla.**—Unity Center, Seneca Hotel, Lois M. Al-bertson. (M)
- LAS VEGAS, Nev.**—The Book Room, Mrs. Hazel Hofner, 210 S. 2nd St. (M)
- LONDON, England.**—Mr. Charles Wase (Pres. Brit. Sec. I. N. T. A.) The Studios, Chesham Gardens, W. 8
—Miss Alice M. Callow, Hon. Sec. I. N. T. A., 31 Stanwick Rd., West Kensington.
—The Rally Rondo, 28 Denmark St., W. C. 2
- LOS ANGELES, Calif.**—The Brotherhood of Light, 818 Union League Bldg. (M)
—Unity Truth Center, 432-35 Music Arts Bldg., 233 So. Broadway. Mrs. Catherine F. Taylor, Leader.
—Westlake Unity Truth Fellowship. Wm. S. and Anna Wayne Fiedler, Leaders. 1932 West Seventh st.
- MELBOURNE, Australia.**—New Thought Book Depot and Lending Library, 229 Collins st. (M)
- MEXICO CITY.**—"Liberia Orientalista" Tacuba 53. Mr. Luis Leal. Sociedad Teosofica, Uruguay 88. (M)
- MILWAUKEE, Wis.**—First Unity Center of Milwaukee, 130 Onelia st. (M)
- MINNEAPOLIS, Minn.**—The New Life Fraternity, Dr. Amelia A. Randall, 2744 4th av., south. (M)
—Library and Center, 516 Nicollet Ave. Sunday services 11 a. m. Hotel Radisson. Ernest C. Wilkon. (M)
- MONTREAL, Canada.**—Divine Psychology Center, Leader, Mrs. Evelyn LeMoyny Bruneau, 3544 Park av. (M)
- NEVADA, Mo.**—Weltmuth School and Sanitarium, 206 South Ash st. Free Library. (M)

- NEWARK, N. J.**—Truth Society, 435 Fourth av., near Roserville ave. Thursdays and Sundays, 3 P. M. (M)
- NEWARK, O.**—Unity New Thought Study Class. Public Library Assembly Room. (M)
- NEW YORK CITY.**—Applied Psychology Assn., Hotel Astor. Leader, Anna C. Nolle.
—Mrs. Mary E. T. Chapin, Hotel Commodore. Sun. Service. Commodore Ballroom 11:15. (M) Interviews and Classes.
—The Goodyear Metaphysical Book Shop, Inc., 25 West 42d st. Rooms 222-1-4. (M)
—Sears Philosophy Library, 828 Seventh Av., (near 54th St.)
—Unity Society of Scientific Christianity, 37 West 39th St. Rooms 302-303-304. (M)
- NO. WINDHAM, Maine.**—World's Helpers of Humanity.
- OAKLAND, Cal.**—Sarah C. Morse, Hill Court, 465 Bellevue Ave., Apt. 23.
—Metaphysical Library, Odd Fellows' Bldg., 11th near Frank-lin St. (M)
—Truth Center, 1450 B. Alice St. Mrs. Letitia A. Andrews.
—Fruitvale Truth Center, 2021 24th Ave. Anna A. Goss, Leader.
- OKLAHOMA CITY, Okla.**—First New Thought Center, 213 Balti-more Bldg. Dr. L. H. Hilsmeier, leader. (M)
- PALO ALTO, Cal.**—Palo Alto Truth Center, 565 Hamilton. Lor-inda B. Kennedy—Tr.
- PHILADELPHIA, Pa.**—Dr. Elizabeth M. Clark, 2101 W. Toga St. By appointment.
—Unity Center of Truth, Unity Bldg., 236 So. 13th st.
- PIEDMONT, Cal.**—California College of Divine Science. Rev. Ida B. Elliott, Pres. 45 Jerome ave.
- PORTLAND, Me.**—Miss Elinor S. Moody, 42 Deering St. Read-ing classes and library.
- PORTLAND, Ore.**—Metaphysical Library, 212 Central Bldg., 10th and Adler. Nettie Taylor Klob. (M)
- PROVIDENCE, R. I.**—New Thought Center, 72 Weybosset st. Room 307. (M)
- SALINA, Kan.**—Radiant Truth Center, 706 Prescott St. Mrs. W. T. Drake. Leader.
- SAN DIEGO, Calif.**—New Thought Center, Park Hotel, 3359 5th st. Rooms 60, 61, 62, Mary C. Perkins. (M)
—Samuel Walker Sloan, 814 Watts Bldg. Mental Readjust-ments. (M)
—House of Blessing, Bible Biology, 2109 2d st. Myra Fren-year Wiseman and John Wiseman. (M)
- SAN FRANCISCO, Calif.**—Metaphysical Library and Book Shop, 177 Post St. Free Reading. Noon talks. Afternoon and evening meetings. (M)
—Olivia Kingsland, 1622 Sutter st. (M)
—Home of Truth, 1919 Sacramento st., near Gough st.
—Metaphysical Studio, class and individual instruction. Rev. Geo. C. Golden. 68 Post st.
- SEBASTOPOL, Cal.**—Unity Truth Center, Palmdale, Potama-lum Ave. Mattie M. Robinson. (M)
- SANTA BARBARA, Cal.**—Truth Center, 227 E. Arre-lago. Har-riet B. Coolidge, Leader. (M)
- SANTA CRUZ, Cal.**—Metaphysical Library and Reading Room. Margaret D. Brenholt, 43 Locust st. (M)
- SANTA MONICA, Cal.**—The Truth Seeker's Center, 1317 Ocean Av. Dr. and Mrs. G. D. Wilcoxon, leaders. (M)
- SASKATOON, Canada.**—Saskatoon Center, 338 Avenue "T" North. Edith Scardfield, Leader. (M)
- SEATTLE, Wash.**—Raymer's Old Book Store, 1330 First Ave. (M)
—The Center of Christian Philosophy, Rooms 537-538 Walderf Hotel.
- SPOKANE, Wash.**—The Church of the Truth, Rev. Erma W. Wells, Pastor. 6th and Jefferson. (M)
—Metaphysical Library, 308 Norfolk Bldg. Free Reading Room. (M)
- SPRINGFIELD, Mass.**—Unity Center of New Thought, 21 Besse Place. Rooms 214-215. Meeting Wed. 2:30 p. m. Mrs. Maude Robbins King, Pres. (M)
- ST. PAUL, Minn.**—Unity Truth Center, Mrs. A. C. Mareulis. Sec., 446 A. Wabasha st.
- ST. LOUIS, Mo.**—New Thought League Headquarters, 509 North Newstead ave. Phone Delmar 1936. (M)
—North Side Society of Practical Christianity, 4003-08 Gane ave. Chas. Schlar, Pastor. (M)
—Society of Practical Christianity, Divine Science, 3617-19 Wyoming st. H. H. Schroeder, Pastor. (M)
—St. Louis Truth Center, 4030 Lindell Blvd. Rev. Emil C. Hartmann, Leader. (M)
—Laura C. Pinckard's Center, 401 North Taylor Ave. Services Wed. 8 p. m. and Sun. 11 a. m. and 4:30 p. m.
—Nautilus Club, 3733 Delmar Blvd. Lindell 8813-W. Thurs-day 8 p. m. (M)
- SYRACUSE, N. Y.**—Miss Katherine Carter, Reading Room, No. 2, 155 East Onondaga st. (M)
- TACOMA, Wash.**—Unity Home of Truth, 719 E. st. Lola D. Combs, Leader. (M)
- TULSA, Okla.**—Unity Reading Room, Haver Bldg., Rooms 310-311, So. Main St., Mrs. Harry White, Leader. (M)
- WASHINGTON, D. C.**—League for the Larger Life, 1814 N. st. N. W. (M) Universal.
—Metaphysical Library, 1627 K st., N. W. Universal.
—National Center of Christ Healing and Christ Service, 813 17th St., N. W. Second floor. (M)
- WILKES-BARRE, Pa.**—Unity Center of Practical Christianity, 57 Terrace st. Alice B. Sadler, Leader.
- WINNIPEG, Man., Canada.**—New Thought and Christian Psy-chology Center, 615 Mulvey Ave. Mr. J. F. Shields, Leader. (M)
- WORCESTER, Mass.**—Worcester Metaphysical New Thought Cen-ter, 314 Day Bldg., 306 Main st. (M)
- YERINGTON, Nev.**—Unity New Thought Center. Mrs. C. S. Durand, Box 67. (M)
- YONKERS, N. Y.**—Yonkers New Thought Center, 130 Ashburton
- YOUNGSTOWN, Ohio.**—The New Fellowship School of Harmony, 207 Elm st., Mrs. C. H. Fuller, Pres. (M)

How I Made \$100,000 In Less Than 5 Years

As a real estate specialist. Learn the secret of my success. Follow my money-making method. Build up a profitable business of your own—right at home—in your spare time—without capital or experience. Mail coupon and learn how.

ONE HUNDRED THOUSAND dollars!

That's the net profit I made, in less than five years as a real estate specialist.

And the hard-to-believe part of it is that I started in my spare time—without any real estate experience whatever—and with less than \$5 capital.

Of course I don't expect you to take my word for this. You don't know me. So I don't blame you for saying "I'm from Missouri".

But I do expect you—for your own good—for your own profit—to sign and mail the coupon and let me send you—without cost or obligation—an avalanche of the most convincing proof of success you ever saw.

—proof of my own success.

—proof of the success of other men and women—from 19 to 65—
—who are using my amazingly successful system.

—proof of how you—yourself—can successfully use my money-making method to build up a profitable business of your own—right at home—in your spare time—without capital or experience.

A Business Worth Having

Do you know the many advantages and opportunities offered by the real estate business? Here are 10 points worth thinking about: 1. It is as permanent as the earth itself. 2. It is growing bigger every day with the growth in population. 3. It is a dignified business that brings you in touch with the best people. 4. It does not require years of study like law, architecture, engineering, electricity, etc., etc. 5. It is more healthful than any indoor occupation. 6. It is practically unlimited in size. There are about ten million properties on the market all the time. 7. Beginners get the same rate of compensation as old



Mail the coupon and meet me face to face

timers. 8. You can start with practically no capital, which is true of very few businesses. 9. There's great, big money in it. Deals paying \$1,000 to \$5,000 are recorded almost daily in the leading newspapers. 10. Age is no barrier. Old and young—men and women—are succeeding.

Do you know of any other business—of any kind—anywhere—that includes all these important advantages? Isn't it a good enough business to at least investigate? Mail the coupon now and learn how to make big money in this immense and profitable field.

Read These Letters

Enthusiastic letters pour in from those who are making money with my successful system. Read these words of praise:

"Your Course fitted me for position as Sales Manager of largest contractors' and builders' real estate department in our city."—Henry J. Dwillard, Michigan.

"Your system is wonderful. With-

out giving up my job as stationary engineer I made \$900 the first three months in my spare time."—F. E. Stokes, Pennsylvania.

"Have been helped a great deal by your system. I have now a new car, two new typewriters, a stenographer, and a dandy office and money in the bank, all through my own efforts and without any capital to start with."—Mrs. A. Moore, Connecticut.

"One lesson has been worth \$3,500 to me."—C. J. Lewis, Virginia.

"I have made a little over \$1,200 since beginning your Course."—S. M. Ford, Florida.

"Have sold one \$5,000 lot and three houses so far."—Mrs. B. M. Morehouse, New York.

There's no room here for more such letters, but sign and mail the coupon and you will receive a bunch of the most enthusiastic letters of real estate success, you ever read.

Get the Facts at Once

A minute's time and a postage stamp brings you full information about your big opportunity to make money my way—build up a profitable business of your own—right at home—in your spare time—without capital or experience.

Tear out the coupon now—before you turn the page—and mail it to AMERICAN BUSINESS BUILDERS, Dept. 8-D, 18 East 18 St., New York. Then you will have the satisfaction of knowing that you did not turn your back upon one of the best business opportunities that ever came your way.

Mail This Coupon

American Business Builders

Dept. 8-D, 18 East 18 St., New York.

Send me—without cost or obligation—full particulars about your new System For Becoming a Real Estate Specialist—proof of how others are succeeding—and proof of how I can succeed.

Name

Address

Say you saw it in NAUTILUS. See guarantee, page 5.

BEGINNING YOUTH BY BROWN LANDONE



CUT A of unretouched photograph by Wachter taken at 3:30 P. M. August 20, 1923, after Mr. Landone had rested 36 hours to make best appearance possible. Mr. Landone as he really looked 3 years and 8 months ago.



CUT B of UNRETOUCHED photograph by Stein taken at 4:40 P. M. March 19, 1925, after 49 hours of continuous work without sleep. Compare with A taken 2 years 7 months previously. Remember this is not retouched.



CUT C of photograph by Wachter, taken August 20, 1922 and much RETOUCHE-ED by photographic artist to make best possible cut. It shows the lines in the face in 1923, although very much retouched by the photographer.



CUT D of Brown Landone as he is today: cut made from photograph by Stein in March, 1925, and very slightly retouched as is evident by comparison with B. So little retouched that it looks much like Cut B.

ALL PASSED ON, EXCEPT—

One afternoon 31 years ago, eight metaphysicians of higher thought talked seriously of the great truth of eternal youthfulness and the certainty of its fulfillment here and now.

Each (except Mr. Landone) was so certain that realization and affirmation of youthfulness would bring youthfulness, that they then and there sincerely pledged themselves to meet 50 years hence at breakfast.

Today, with the exception of Mr. Landone, every one of them has "passed on". He at that time did not make the pledge because he realized that something more was needed than affirmations; and consequently he set for himself the joy of GROWING youth.

OTHERS DOING WHAT LANDONE HAS DONE

TRANSFORMATION: "During the last six weeks my Psychology pupils have been astounded at MY TRANSFORMATION. Words of gratitude cannot express what I owe to you, Mr. Brown Landone,"—FROM A NEW THOUGHT LEADER.

NEW LIFE: "I was operated on some years ago for rupture and piles. After that, my back and sides hurt most of the time. Truth affirmations helped. BUT—SINCE BEGINNING YOUTH—this trouble has ALL GONE and I feel NEW LIFE in THESE PARTS! Others begin to notice a change in me,"—FROM A MAN OF THE MID-WEST.

FROM A 100 YEARS' FEELING TO YOUTH: "LAST YEAR was one of NERVE WRACKING work. My feet were like LEAD; my body A HUNDRED YEARS OLD, and my brain NUMB. I was fast losing grip on life. Beginning Youth has been a LIFE SAVER. TODAY as I go through the halls MY FEET ARE WINGED. I almost imagine I have slipped into the EARLY TEENS. I am on tip-toe with expectancy like the youth, and can scarcely wait for the morrow,"—FROM A WESTERN SCHOOL TEACHER.

LIFE AND YOUTH: "My friends are wondering how it is I express so much of life and youth. One recently exclaimed: 'Oh, you never grow old!' I've not yet told her the secret of Beginning Youth, perhaps I shall some day,"—FROM A MEMBER OF THE AQUARIAN MINISTRY.

MAKING YOUTH: "Seventeenth Lesson just received. It is the most wonderful lesson I have ever read: Beginning Youth CERTAINLY IS MAKING ME YOUNG, not only in body, but my soul feels the joy of a young girl,"—FROM A FORMER SEMI-INVALID OF 60, NOW WELL AND YOUNG.

(Beginning Youth has NOT been offered for seven months; it will NOT be announced AGAIN for five months; hence this is the ONE opportunity in these twelve months! See opposite page.)

GROWING YOUTH

Mr. Landone's youthfulness is all the more remarkable, because he HAS worked and enjoyed life 20 hours a day; has NEVER taken exercise as exercise for 25 years; has NEVER bothered with affirmations of youth; has NEVER troubled to DENY AGE!

Instead he has WORKED and LIVED JOYOUSLY—expressing LOVE, and MIND, and LIFE in accord with the processes that GROW YOUTH instead of those which grow age.

As one can GROW age, so one can GROW youth. If one changes the process. Most efforts to attain youthfulness are mere steps in trying to hold-off age for a time. But it is a very different process to begin GROWING youth.

BEYOND BELIEF: "It is beyond my power to express adequately the CHANGE IN MY BODY and spirit since my start in Beginning Youth,"—FROM A TEACHER OF LITERATURE AND DRAMA.

CREATING YOUTH: "Beginning Youth is a MARVELOUS DISCOVERY and yet there is nothing mysterious about it. It is just CREATING THE ACTIVITIES that produce what you want,"—FROM A RETIRED N. Y. C. BUSINESS MAN.

YOUTH FOR A LIFETIME: "You have already given me enough work for a life time; and you are giving me work that I should do EVERY DAY OF MY LIFE,"—FROM AN ENLIGHTENED M. D.

OLD SELF FORGOTTEN: "I am so proud of my NEW SELF, that I forget it is me!"—FROM A REJUVENATED WOMAN.

MY ENTIRE BEING: "I feel YOUNGER THAN I HAVE EVER FELT excepting for a short time when I was about twelve—and even then I was repressed. NOW everything is different. In the past month MY ENTIRE BEING has undergone a change with Beginning Youth—my daughter has MARVELLED AT THE CHANGE in me,"—FROM WIFE OF A FLORIDA PHYSICIAN.

ACTUALLY NEW: "You HAVE found and you ARE giving a new science of life, hitherto unused because unknown,"—FROM A N. T. LECTURER.

LIFTED UP—YOUNG AGAIN: "The last lesson of Beginning Youth is sacred. I feel ELEVATED FROM THE HEART when I practice it every night before I go to bed. I sleep as PEACEFUL as a babe. I am happy—OH SO HAPPY! My heart goes out to you in gratitude,"—FROM A YOUTH OF 62.

THE KEY: "O JOY! I feel like a multi-millionaire—each Lesson of Beginning Youth is worth a million dollars; and it cannot be taken away; it is mine to use forever more. I am much improved since I have had these Lessons—especially my neck, hips, and ankles. I have studied many ways, but yours is THE KEY,"—FROM A WOMAN NEAR FIFTY.

BEGINNING YOUTH

ALONG THE PATH

Twenty-two years ago Brown Landone wrote "The Beginning of Physical Immortality". Then, for 21 years he did not utter a word or write anything more on the subject. Instead, he LIVED it, and last year, wrote *Beginning Youth*.

In 1923, a friend who had not seen Mr. Landone since 1913 in Paris, exclaimed, "Not one day older: how do you keep so young!"

In 1913, a noted international leader who had not seen Mr. Landone for 11 years, said: "How you have CHANGED! How much YOUNGER you are!"

In 1906, a healer who had not seen him for years, exclaimed: "It is ASTOUNDING: beyond belief: I teach people how to KEEP young—but you LIVE and GROW youthfulness!"

Seventeen years ago, Louise Radford Wells, Editor of the New Thought Magazine, marveling at Mr. Landone's youthfulness even at that time, wrote: "Mr. Landone is a young man. How young! How would anyone dare say! PERHAPS HE IS SEVENTY YEARS OLD!"

OTHERS GROWING YOUTH

SO CHANGED, HUSBAND IS ASTOUNDED: "The Lessons in Beginning Youth have changed me so much that my husband says he doesn't know what to think of me."—FROM ONE WHO WAS THOUGHT TO BE DYING.

MARVELOUS BODY CHANGE IN A MAN OF 58: "My body has braced up. My spine in the dorsal region, when making the curved movements, is freer. My chest has come forward. The upward lift of the head has made a wonderful difference."—FROM A MAN WHO HAD STEADILY LOST STRENGTH.

GAINED WEIGHT IN A WEEK: "With joy I write that I have gained two pounds since a week ago. My gain I feel sure is due to that continued tilt of my head and chin 'till I feel the draw plus the joy."—FROM A TEACHER OF ENGLISH LITERATURE.

FROM 60 YEARS TO 30: "A man who has not seen me for several months said: 'How much better you must be. When I last saw you, you looked fifty years and now THIRTY!'"—FROM ONE WHO WAS TROUBLED WITH A HUNDRED ILLS.

AT 70 YEARS I FEEL LIKE 25: "I am doing the same work I did at 25 years of age and with less fatigue."—FROM AN UNCLE OF A FORMER PRESIDENT OF THE UNITED STATES.

LOOKING A GENERATION YOUNGER: "I send you a thousand thanks mentally. People repeatedly remark about the improvement in my looks and manner."—FROM ONE WHO HAS CHANGED MUCH IN 60 DAYS.

WHAT TO DO AND HOW AND WHEN

BEGINNING YOUTH is a COURSE of 20 Lessons plus 20 Instruction Letters plus 20 Personal Letters—60 sections in all! It is the first course ever given in BEGINNING YOUTH by Mr. Landone—the result of 30 years of growing youthfulness, which has given him an abundant life of joyous endurance.

The FEE is \$38.40, paid at time of registration.

OR, it is \$41.40 for those who have had other work with Mr. Landone and wish to pay as follows:

- (1) \$17.40 at time of registration.
- (2) \$9.00 two weeks later; and
- (3) \$5.00 weekly for three weeks.

ACCEPTANCE: Mr. Landone devotes especial attention to this work and WILL NOT accept MORE than 100 registrants now.

REGISTRATION: must take place during April. For registration, send Fee to

CEPHAS BRAINERD, Personal Secretary,
Box 316, Hackensack, New Jersey

(Beginning Youth has NOT been offered for seven months; it will NOT be announced AGAIN for five months; hence this is the ONE opportunity in these twelve months! See opposite page.)

New Nerves for Old

THOUSANDS of men and women who used to suffer from weak, unstable nerves are today full of bounding vitality and energy. No longer do they "fly off the handle" at the slightest provocation — no longer do they become unnaturally fatigued—no longer do they suffer from stomach troubles—gone is their gloomy, irritable feeling. They now eat better, sleep better, and have more endurance than they've had in years.



And yet they used no drugs or medicines—nothing except a few simple, easily followed natural rules of nerve health.

What Causes Nerve Exhaustion

Over-active emotions, constant turmoil in domestic and marital relations, worries, intense concentration, excesses, vices—these bring on Nerve Exhaustion.

It is a very gradual development. It deceives thousands of men and women who appear to be in the best of health. Yet all the time their nerves are in a constant state of upheaval, slowly undermining their constitution.

How to Strengthen Weak Nerves

No tonics or magic system of exercises can regenerate lost nerve force. To build up strong, sound nerves requires an understanding of the natural laws of nerve fatigue, of mental and physical relaxation and nerve metabolism. It is only through the application of these vital laws that stubborn cases of Nerve Exhaustion can be overcome. And that is now explained in a wonderful new book.

Read This Book

Based upon years of intensive experience and study, the famous Nerve Specialist, Richard Blackstone, has just written a remarkable book, entitled "New Nerves for Old". In plain language he points out the easy-to-follow rules that have enabled thousands of men and women to regain their lost nervous energy and to acquire glowing health and youthful vitality.

"New Nerves for Old" is worth its weight in gold—and yet its cost is only 25c., stamps or coin. The book will prove a revelation to you. It will help you throughout your entire life. It will enable you to build for yourself a more solid foundation for your future success and happiness. Send for your copy today. Mail the coupon below to Richard Blackstone, 174 Flatiron Bldg., New York City.

Richard Blackstone,
174 Flatiron Building, New York City.

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Christ is Here!

By RONALD B. CLIFTON

Bursting buds and tiny sprays of green,
Robins thrilling to the reddening skies,
A subtle stir within all Nature's breast,
Say, "Spring is here!"

Away King Winter, go ye smoldering skies;
Snow begone, for Summer smiles,
Melt, ye icy heart, and join her song;
Sing, "Spring is here!"

Child of earth, canst thou not feel
The stirring in thy calloused breast?
His Love is warming thy cold heart,
Lo, Christ is here!



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EDITORIALS

by Elizabeth Towne



*"Build thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by life's unresting
sea."*

—Holmes' "The Chambered Nautilus".

On Numbering Our Days.

FROM one of our Canadian subscribers comes the call for an editorial on "numbering our days". William sent the letter up to me with this notation on it: "*Let's have a good editorial quick*". So here it is, and I leave our readers to judge whether or not it is good!

The Ninetieth Psalm is a prayer-meditation on letting Wisdom have right of way in our lives. This is what the Psalmist says in the twelfth verse: "So teach us to number our days that we may apply our hearts unto wisdom".

To "number" your days, is to budget your time! We are to budget our time that we may have certain definite hours or quarter-hours in which to "apply our hearts unto wisdom".

You "number" anything and everything that is valuable. In other words, you "count it" as of value, and therefore you take care of it to see that it is used properly. You "number" your pieces of fine silver, and you take good care of *each* piece—you care for it exactly as if there were no other pieces.

To "number" your days, means to **VALUE** your days, and to use each day as if it were the **ONLY DAY**.

To "number" a day, to value one day, is to value *each and every hour of that day*, to count each hour, to so use each hour that it will be well applied according to its nature.

And if this does not mean that you are to budget the hours of each and every day so that they will be used to the highest advantage, that **WISDOM** may be expressed through each and every hour as it comes: if this is not what it means to "number" your days, then what does it mean?

▽

Wisdom Comes From God Within.

NOTICE that I said we are to "number" our days so that Wisdom may be **EXPRESSED**: in order to express Wisdom to its fullest in one day of time you must budget the hours of that day and apply them to the proper uses, so that Wisdom may be shown in all your hours and all of your activities and night may find you content in Spirit, even if tired in body.

Wisdom is of God, you know, and it arises from His Kingdom of Heaven within you, and flows outward (is expressed) into and through all the activities of your mind and body.

To value your day so that every hour **COUNTS**, does not mean that you are to spend all of your day doing "the important things". It means that you are to so budget your hours that Divine Wisdom may express itself in and through each and every hour no matter what you are doing.

Too many hours of a day devoted to work of any kind makes Jack a dull boy. Too many hours devoted to play makes him fool-

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ish, and after a succession of such days he becomes tired of it, discontented, unhappy. Too many hours of one day devoted to Bible reading and meditation would have exactly the same kind of effect: the blood would become overcharged with fatigue poisons, the lack of bodily exercise tending to keep all of the poisons within the body.

Too many hours of one day devoted to physical exercise will do less harm than too many hours devoted to mental exercise, because all kinds of exercise tend to increase the circulation of blood and eliminate the fatigue poisons.



Activities Balancing Each Other.

GOD is SPIRIT, and the chief end of man is to so "number" his days and hours that he will feel and express at all times the infinite divine spirit of well-being, which is God's Spirit in All of Us.

To overdo anything is to destroy one's balance, for the time being. Sometimes it seems to us necessary to overwork, to expend more of Divine Energy than we seem able at the time to realize. This too is GOOD, *provided* we so "number" or value our next hour, or day, as the case may be, that we REST in the right way to recover our divine poise or balance, so that our spirits may again FLOW FREELY.

"Said I not unto you that ye are gods?" And I say unto you that ye are God's EX-PRESSORS of good spirit. If you look to God within you, He will teach you to value your hours and your days so that you will find yourself doing everything in the fullness of good spirits.

All activities of life are God's activities in and through us. To so budget our hours that we may express God in *all kinds* of activities, each kind balancing the kind which preceded it, is to find ourselves realizing day by day an increasing head of vim or good spirits.

Remember that the secret of this is to BALANCE one activity with the opposite kind of activity, and to let the Spirit express daily through ALL your different nerves and muscles, mental and physical, balancing one kind of activity with another.

Every day of our life should have its hours

so "numbered" or valued and budgeted *that not one part of our body or mind shall lack exercise* in balanced proportion to all other parts of our body and mind.

We should so arrange our days as to permit *every* day the exercise of God's good will in us expressing in the following kinds of activity: (1) physical work, including time for eating and digesting good food and enjoying it; (2) physical rest, with the Bible or some other good book which will put us to sleep for a few minutes in the middle of the day; (3) play of the body, in the lines desired by the body—including a little systematic physical exercise in the morning, which will correct the work-postures of the day; (4) play of the imagination, through reading of poetry, fiction, autobiographies and biographies, etc.; (5) going into the Silence, after reading the Bible or other devotional literature; (6) visiting with friends.

If you cannot do all of these things today, then see that tomorrow's activities are so arranged as to balance what you did today, as well as to balance the activities of the day itself. In other words, if one must work at a desk all day on one day, then balance by working with the body or playing on the next day, enough to again achieve the normal. Eighteen holes played three times a week will come pretty close to balancing three other days spent in sedentary work.

Do you feel that you are not equal to "numbering" or budgeting your days and your hours with this end in view? Of course you are not, nor is anybody else equal to it! And the Psalmist did not try to do it—he *let God do it*: he turned to God and prayed to be so taught of God that he would day by day know how to budget his time so that his heart would be cleaned and his GOOD SPIRITS RE-NEWED within him.

Let us "apply our HEARTS" unto Wisdom, unto the guidance of God within, that we may think out the right kind of budgeting of our days and hours.

"The chief end of man is to glorify God and ENJOY Him forever," and in everything.

Let us acknowledge Him in ALL our ways, and He *shall* direct our paths. And His ways are ways of pleasantness and all His paths are peace.

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Let us trust in the Lord with all our heart and lean not unto our own understanding of the things of the outer world.

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Put These Two Things First If You Want Health and Prosperity.

WHEN one budgets his money, he always puts down the most important thing first. When it comes to "numbering" or budgeting your day, remember that the most important thing is to put down FIRST your hour for reading the Bible and other New Thought literature and meditating in the Spirit. This is the hour in which you save for the Hours of Opportunity to work. It is the hour in which you are recharged by Divine Energy, exactly as a battery is recharged when it becomes depleted. If you let your battery run too low you ruin it, and it can never be recharged. It is thrown away and a new battery installed. The analogy of this in life is perfect—if you keep on overusing your battery, yourself, without allowing your one hour each day, at a regular time, for recharging, you will find your surplus of good spirit and energy turned into a deficit.

When you are budgeting your hours and your days, the first and most important item is the hour in which your Spirit is recharged at the source, God.

The analogy of this in your budgeting of money for the family expenses, is the item of tithes to the Lord's work and savings for your own Days of Opportunity. These two items are one, and must be treated as the first one in the family budget, if your fortunes are to improve.

Very shortly we shall have out a little book, probably a 25 cent one, on tithing, containing some of my own editorials on this subject together with that splendid article of Brown Landone's which appeared in December NAUTILUS, 1925, page 21.

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To A Woman Whose Son Wants To Make a Change.

AFTER your son has worked seven years in one department store he is perfectly entitled to change his work if he wishes! No-

body can accuse him of not being a sticker after that. And it very often happens that when a young man does start to change he makes three or four changes in a row, before he gets settled in a suitable location where he can take root and grow again. It does not matter so much whether he makes one or two or three or half a dozen changes. BUT IT DOES MATTER AS TO THE SPIRIT IN WHICH HE MAKES THOSE CHANGES. And what is true of him is true of you. If you both know that all things work for good, and that he is following the divine urge of his own soul in making these changes, then you may depend that they will after a little prove that they all work for good. In the meantime, you must take it on faith. I don't wonder that the young man did not like a bank after having served in a department store. And I cannot see that a bank position for him would be any advance over his former position in a department store. Bank clerks are very poorly paid and have practically no chances for advancement. The chief advantage in a bank clerk's position is the social one—a really energetic and ambitious young man would find little outlet for his energies in a bank, unless he were well educated and highly connected. In this case he might be preferred for advancement. So don't worry if he changes his position again more than once.

You say that you treated your son mentally by sending your subjective self to give him wisdom and knowledge to be qualified for the bank position, and that the very next night he came home and told you he was going to give them notice and resign. That was the time for you to come back with a positive affirmation that he could make good as a bank clerk if he wished and that he would. That was the time for you to give him some good "I can" and "I will" suggestions. Your faith in him would have fired his faith in himself as being able to hold down the job he had accepted in the bank. Instead of meeting your opportunity as you should, you immediately began to doubt your treatment. Don't you know that you can never get anywhere by making an affirmation one minute, and then losing faith in it and denying its power the next minute? Remember Lot's

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wife. Remember that the vacillator receives nothing from the Lord. The next time you treat your son see that you stand by your treatment and affirm it through thick and thin, always carrying with you your life preserver that **ALL THINGS WORK TOGETHER FOR GOOD**. If he has already made the change never mind—it does not matter whether he makes the change or not, it is the spirit in which he does it that counts for success. See that you affirm that he is one with the Spirit and that the Spirit is working in him to will and to do of its good pleasure, which is the health, happiness, prosperity and advancement of your son. Have faith in God within your son. Affirm it, affirm it. Be still and know.

▽ ▽ ▽

Be An Open Channel in K. O. H. at Hand.

HERE is a little prayer affirmation, to use every morning when you first wake up, and while your eyes are still closed; and every night just before you go to sleep. It is the one which has been used for many years by a wonderful and beautiful New Thought leader in New York City, Mrs. Mary E. T. Chapin, who gives it out every Sunday to her big audiences in the Commodore Hotel. All the people repeat it together with her. It is a great affirmation to help you realize **LIFE**, health, happiness, prosperity, beauty and divine service and love to all human beings. Here it is:

I am the Open Channel through which the healing currents of Life are now flowing: God is my Life. God is my Health. God is my Supply. In God is my Trust.

Memorize that affirmative prayer, say it over two or three times every morning and every night, and keep at it for a year and you will be amazed to see how it will prosper you in every way, in happiness, in your work, in your relationship with others, in church and organized effort, in every day life. Memorize it and make the use of it a Life Habit.

We all know Mrs. Chapin now as the President of the International New Thought Alliance, she having been elected in November to fill out the unexpired one year term of Mr. G. Rupert Lesch who resigned because of a

sudden breakdown. Mrs. Chapin will preside over the big Congress in New York City, June 20 to 27. Come and meet her and co-operate with All of Us in this great movement.

By the way, if you are not now a member of the Alliance, send your application, together with \$2.00 annual dues which will bring you the monthly Bulletin (and a new rapport with All of Us in the Kingdom of Heaven **AT HAND**), immediately to I. N. T. A. Headquarters, 311-12 Ouray Bldg., Washington, D. C. You can use my name as reference, if you wish.

Radio your blessing by wireless to our New President and to Mr. Lesch who is well on the road to perfect recovery from his illness.

Don't forget to bless All of Us in the I. N. T. A. movement. The International New Thought Alliance is the democratic organization of All of Us through which Each of Us is enabled to bless and prosper All of Us and all the world. We are the most democratic and representative organization that I know of anywhere in the world. We are co-operating democratically in the big project of living together, working together, blessing and prospering the world together in the Kingdom of Heaven **AT HAND**.

By the way, have you read that new novel "One Increasing Purpose" by A. S. M. Hutchinson, author of "If Winter Comes" etc.? If not, do it now and you will discover why I call the Alliance the best K. O. H. organization in the world.

Our Big Job is to play the game of the Kingdom of Heaven **AT HAND**!—at your hand, at my hand in what we do to each other and to All of Us: the Kingdom of Heaven with **ALL OF US** in it, in God's Big Family.

HAPPINESS is a matter of adjustment. If you cannot change conditions you can at least stop fretting against them and resisting them. You can **CO-OPERATE** with them. In due time they will change of themselves.



The Publication

Affirms the
UNITED NATIONS
of the WORLD



New Confessions of Brown Landone

Article I. Using "This" Instead of "A"

WON'T you confess *with* me? Confess, that we have found it better to use *general* Truth as the *ground* upon which we wish to build our structure of attainment, but that *particularized* Truth is the *ONLY* Truth which actually builds and brings into manifestation, those conditions we desire—soul growth, health, personal happiness, and success.

Won't you confess with me? It will do you good and good to all those whom you serve. Let us have a symposium of confession letters—NOT confessions of error, but confessions of *progress*!

Perhaps the reason you do not confess in this one matter is because I have not particularized just *what* a general Truth is, and what a *particular* Truth is.

So let us take an example:

It is widely known that fats and oils—used in baking—make cakes and pie crust, flaky and "rich". Consequently, it is a *general* Truth that fats and oils do make pastry rich. This is the *ground work* on which you can base the instruction you give to the maid who is just learning to cook. But, if, in instructing the maid, you use a general Truth *only*—the cake may not be a success as a cake, if the maid uses cod liver oil or kerosene—although both ARE fats!

That fats and oils give richness to cakes and cookies, doughnuts and pie crust IS *absolute Truth*! But to demonstrate successful pastry—a *particular* kind of fat must be used. This you accept and call common sense; so do I, for the use of common sense is all the difference there is between the use of a general Truth and the use of a particular Truth!

The Truth of this *concrete* example, you accept, of course. You cannot do otherwise, and you exclaim: "It would be ridiculous to try to use kerosene or cod liver oil in making a cake; no one is so silly as to try to do so!"

Yes, BUT, it is just as ridiculous for you to assume that all you need to do in helping others spiritually is to advise them to use *general* Truth only. The reason you accept

the principle of using *particularized* Truth in instructing others how to make a cake, and fail to use it in instructing others how to live, is that, in giving you a definite illustration of a *cake*, I awakened in your mind something so *concrete* that you *imaged* it and thought *definitely* about it; while, in the case of a general statement of truth, it is so *generalized* that you do NOT think concretely about it, and cannot see how ridiculous your *own* use of it sometimes is, when you decline to use *particularized* Truth.

If every sentence preceding this paragraph in which I refer to "you" is changed so that "I" is used instead of the word "you", you will have my OWN confession, because for years I insisted that, since *general Truth is absolute*, NO particularized truth should ever be used. I even taught that it was a sort of spiritual let down to "drop" (as I then called it) from general absolutism to particular application.

I knew that I needed to hold-on to general Truth, and yet—when I failed to attain some of the things for which I worked so earnestly—I wondered *why* the Truth was not working for *me*. Of course, all the time it was working for me, but I was keeping it "up in the air of the absolute" so that it could not take body and manifest as actuality.

Get these two basic laws clearly!

First, *general* Truth is the GROUND of spiritual existence.

Second, *particularized* Truth is the spiritual SUBSTANCE and MEANS of building *what* you want—the home, the health, the personal happiness, and the success!

The *general* Truth is the *site* on which you are to build what you want.

The *particularized* Truth is the substance and means you use to build *WHAT* you want.

The ground is *already* prepared for you. God has created it! The prophets promised it! Christ has proclaimed it!

But THAT which you are to demonstrate and attain DEPENDS upon finding the Kingdom of Heaven within yourself, and *particularizing* Truth so that YOU can build upon the ground of absolute Truth.

The difference between these two is symbolized by "A" and "THIS"; a *general* Truth is always "A" Truth; a *particularized* Truth is always "THIS" Truth.

Let me illustrate by an experience—how *particularized* Truth brought me the home I desired, although *general* Truth had kept me waiting for thirteen years.

After the fall of the Diaz government in Mexico in 1910, and the subsequent confiscation of properties—first by one revolutionary government and then by another—my own affairs were affected and it was best in 1912 to give up my beautiful home in the southwest. From that time until 1925 I had "homes"—many of them—but they were not my own. They were *rented* apartments, *rented* houses, or *rented* hotel suites. Of course, I decorated each—even the hotel suites—and fixed them up as well as I could—but not one of them was what I did wish.

During those thirteen years, I *held* faithfully to the *general* Truth: "A beautiful home is waiting for me, I have a DIVINE RIGHT to it; God HAS prepared it for me; and it IS mine NOW!" On this, I worked faithfully and earnestly—for I *did* want a home.

Yet, the home I wanted did not materialize.

Then came the war, and, to help stricken non-combatant people in Europe, I used up most of my capital, so that—after the war—even if I had then found the particular home I wished, I could not have purchased it because I did not have the means to do so. Still I faithfully held to the *general* Truth, and it *held* me! But it was so general that it never *particularized* my thought sufficiently to thrust me into action to demonstrate the home I wanted. There was nothing lacking in the *general* Truth, for it is absolute. However, it is the *site* only—the faith that keeps us going—NOT the *particularized* idea of what we want.

For me, it was spiritual ground FOR my home, but it was NOT my home.

Thus things went on until 1924. Then, I began *particularizing* my thought—I began drawing sketches of the home I wanted: it was to be of brick and stone, old Normandy style, enduring and solid yet beautiful of line. I *designed every room, decorations, placement of furniture*—and friends laughed!

But one day—enclosed with a letter from a lady who was taking a course in Interior Art with me—came a little kodak picture of *her* home. The moment my eyes lighted

on it, I said: "THIS is the home for ME!" It was just what I wished. A newly built house—modeled on the Old Norman Style, built solidly of concrete, stone and brick, with brick towers, arched brick porches, great sloping roofs—all so marvelously constructed that it will last a thousand years.

The moment I saw that kodak picture—merely the picture of the outside only—my heart and mind clicked "THIS is the home for ME."

Yet, I had no idea, consciously, that I would ever own that house, for I had no idea at all that the lady would sell it. She had just finished it. She had spent time and money in creating a home after the ideal of her own heart—created and built for her *own* use. There was no possibility it seemed of my ever purchasing that home.

Moreover, it seemed that I did not have the money to purchase it even though there had been a possibility of buying it. So the idea dropped out of my conscious mind, and I went on conscientiously improving my own sketches and plans—although I had NO land on which I wanted to build, and did not even know just WHERE I wanted to build.

About two weeks after I first saw that kodak picture, the owner came for a conference, but no thought of purchasing her home entered my conscious mind at that time. Yet, I *had* decreed in my soul, "THIS is THE home for ME!"

Two or three weeks more went by and one day the owner of the home came for another conference. This time it was on business matters. She told me that many of her life plans had changed, and that it would be wise for her to sell her home.

Without scarcely daring in my conscious mind to think that I might purchase it, I asked her the sales price. When she stated it, I felt my heart drop for it seemed entirely beyond my means; and hence, I again put the idea out of my conscious mind—and said to myself: "Well, some day I will build a home something like it."

The following week, I was engaged by the owner to work on a plan of sale, such that she should be provided with an income for many years by means of the sale of the house, and such that the income would be absolutely safe. In working on this, I devised a plan which would be *best* for HER!

Two weeks more went by, and then one

day, there came a request for another appointment. Hardly had she entered my study this time, when she said, "Mr. Landone, there is but one thing for you to do, YOU must purchase my home. You love it; IT is THE home for YOU, I'll make the terms such that you can buy it!"

Again the camera shutter of my soul clicked, "THIS is THE home for ME." But my conscious mind said, "You have just gone through six weeks of re-constructing your body, during which time, you have done no outside work and consequently you are some \$6,000 or \$8,000 behind your income budget; you cannot possibly purchase this house now."

However, in spite of this conscious attitude, definite, concrete, *particularized* Truth roared into my ear: "THIS is THE house for ME", and so, within an hour, arrangements were made, later the deed was signed, payment made, and the home became mine!

I had used *general* Truth for thirteen years; it gave me *ground* on which to build—that is, the faith which kept me ever WISHING!

But, it was only when I began sketching and planning *particularized* Truth, that it became manifested in "This is the home for me!"

If you have ten million dollars and a beautiful site on which to build a home, you will

NOT get THE home YOU want, if you give to the builder, instructions of general Truth only: build me "a" home here. Of course, he will build a home for you and it may be what he wants or what he thinks you want; but it will NOT be YOUR home and it will NOT be WHAT you want!

To get what you want, you must *particularize* your OWN thought!

If you want to build anything—health, or personal happiness, or success—*particularize* the Truth you are using. Hold to the *general* Truth for it is the ground upon which to build—the basis of the *faith* of life. But, to bring to pass that which you desire, use *particularized* Truth.

With everything you wish to demonstrate, accept the *ground*, and then begin demonstration—FIRST, by *particularized thought*—THIS is what I want, THIS is how I shall attain it, THIS is what I shall do first, et cetera; and *second*, by *particularized ACTIVITIES*—knowing that God IS with you every step of the way, divinely directing you by infinite intelligence in making every decision and executing every intention.

Then, your earth will no longer be formless and void, but will become concrete and beautiful, definite and glorious in actuality!

How the Negative, Subjective Individual May Free His Spiritual Powers and Become Successful

By Vincent Vaccaro

Why Inferior Intellects Generally Fill the Places of Power and How the Negative Individual May Promote Himself

AFFIRMATIONS, continually repeated, have a value aside from the purpose they are generally used. When we successfully demonstrate for something and have obtained our objective, we see usually the thing obtained and fail to note, in their entirety, the physical, mental and spiritual improvements that come to us in the process of af-

firming. Of course, we are aware that changes for the better in our thought process, have been effected but generally we cannot, somehow, explain just what these changes are. We feel the improvement but cannot express all of its phases.

It is probably the resultant convictions attendant upon affirming that is responsible

more than anything else for this transformation, for affirmations when realized always become convictions. If we expect to succeed in life we must have convictions of some sort. The man who has no convictions (and there are many such among the intellectuals) will find himself unprepared for success in any endeavor, even though his learning be prodigious and his intellect a superior one. Convictions tend always to raise one to a higher level. As long as we have convictions we have a certain amount of spontaneity which the man forever in doubt is devoid of.

Convictions tone the mind for action. They spur us on. This is exemplified by the lives of great men. They often had the wrong convictions but, even so, these were the forces that lifted them from obscurity to prominence. Often a man has risen to fame because of one conviction—a firm belief in himself, while a superior intellect has been rendered impotent for lack of one such dominating force.

The negative type of mind is often above the positive or motive type. Yet few negative minded are seen in prominent positions, particularly in public life. Often, however, such a type is responsible for the success of some dominating figure in politics, but they are generally "next to" somebody. They are the "brains" of the works, but not the force itself. This is possessed by the Positive (motive) type.

What hinders these negative forces? Generally some complex—the doubt complex. They reconsider and ponder and finally get nowhere; and inferior intellects eclipse them on all sides, because these positive forces always have convictions.

A great many negative types fail in New Thought while motive types succeed. The negative type "emanates" nothing. He has by forever entertaining doubts upon everything, lost the habit of putting himself into things. He ponders over New Thought doctrine, makes a few affirmations from time to time, which are, of course, mental in nature and totally lacking in spontaneity, and with the usual result, he fails.

The negative type keeps a string to himself. His soul gets into nothing he does. His pleasures are generally passive ones. He likes to watch sports, games and other activities—but the thought of "getting in" himself does not quicken his pulse in the least.

Unless one's soul is put into his affirmation—unless we are genuinely enthused—we may expect to fail. If we emanate nothing our suggestions are futile and are better left unmade; at least they are better left unmade unless we intend to follow the course of persisting in them until they are realized.

The majority of negative types are intellectuals. Excessive study (which often induces doubts and robs us of convictions) has transformed many a positive force into a non-entity.

Such individuals, when questioned upon Metaphysics and New Thought will generally answer that it is all very well in theory, but like many other things that work in theory, it won't work in fact. Sometimes they will state that they have tried it out and found that it won't work.

That's the trouble—he tried it out. Of course it won't work.

Now, had this same negative individual possessed but one conviction regarding New Thought and were that conviction spiritually impressed upon him—not merely mentally impressed—he would have been able to successfully affirm for whatever legitimate desire he possessed.

Before one can impress himself spiritually he must be able to emanate something. If he can lose himself in anything he can always emanate enough spiritual force to bring about the condition he desires.

The negative type is usually possessed of more knowledge upon his subject than the positive type. As he has read more of New Thought it seems to him that his success should be greater. He "thinks" that with his wide knowledge of the science that were it practical he could employ it successfully if anyone could. But he is not strong in this belief. He is not strong in any belief for he lacks conviction. When he endeavors to obtain something by New Thought he is unenthused—or only mildly animated in his desire. He does not spiritually desire what he is affirming. He "just wants" it. He has never put himself into New Thought but he believes he knows it. He does not know, for that spontaneity which enables one to grasp the soul of anything is not his. What he has done is dissect the science but lacking soul himself found no soul there.

Yet he believes his success should be greater than the spontaneous, whole-souled, posi-

tive individual who, unskilled in technique and perhaps not widely read in it either, but who has grasped what he has read and not looked in every nook and corner for a way to disprove it either, puts his soul in his affirmation—and succeeds.

Fortunately, there is an easy road which the negative individual, if he will only be consistent in his desire to rid himself of his negative shell and take on a positive, magnetic and worth while personality, can follow.

First he should learn to interest himself in as many things as possible. Work on cross-word puzzles, play bridge, get out every evening, play leap frog, hunt around for diversions. The greatest minds we have record of were fond of light entertainment. I have seen men who could speak a number of languages and were versed in sciences I never heard of, who could interest themselves in match tricks, coin magic, taking something apart and putting it together. That faculty of interesting oneself in small things is in the province of the great intellect. It is no credit to one to appear blase at all times if certain people of fashion have assumed that role. It denotes lack of intellectual activity—a narrow range of thoughts, centering about oneself.

While pursuing such a course the negative type should also get a conviction—only one in the beginning. Two convictions will be of less value to him than one for his aim is not to store up a multitude of affirmations but to get one deep impression upon his soul.

This one conviction will, as he continues affirming, attract others about it and eventually a wonderful philosophy will be his—a philosophy of hope and therefore of strength which is far better than the artificial, doubting habit of mind which never gets one anywhere.

If this first conviction, however, is lost sight of and another taken up in its stead, as the negative type is prone to do, his success in New Thought will be greatly retarded. In fact, unless we have at least spiritually realized at least one truth either before or after entering upon New Thought we can never successfully affirm anything.

Sometimes it requires weeks and even months to impress the first affirmation upon our spiritual consciousness, but if this first affirmation is persisted in until realized, subsequent affirmations are acted upon with much greater celerity.

Now if this negative individual has the patience and courage to continue in his one affirmation and this affirmation becomes finally a conviction, it will be an even stronger conviction than he ever dreamed of anyone possessing. He no longer thinks only of himself. His interest centers in the things about him. He has, in truth, acquired a personality, for no negative individual ever possessed a personality. They have a distinctly felt tendency, to even create negative reactions in their associates. He now radiates something. His friends tell him of the change. It is noticeable to all with whom he comes in contact. He is held in higher regard by his associates because he is now among and not merely amid them.

One spiritual realization has, therefore, created an entity from a nonentity.

This is only one of the first proofs that the first thinkers were right in their claim of a force superior to nature.

Is it not easy to realize with such phenomena as this before us that the spiritual entity of man is, when its desire is in accord with divine plan, unlimited in its power? A proof of the divinity of man in that he can, in all actuality, create himself, exists in this case.

One spiritual realization is the key to spiritual power. We can then spiritually realize our desires and when this realization exists actuality always follows.

But one who has had no such realization can comprehend this statement only from the mental side. A mental realization is powerless to effect successful demonstration.

Therefore, spiritually realize one truth.

Find the key to successful demonstration. The most powerful help is the affirmation used by most New Thought students in the beginning: "*I am in Thee and Thou in me.*"

This affirmation induces faith, not mental faith, but spiritual realization because we come to feel and know the *personal* relation that always exists between spirit and ourself. The union between God and us individually. We realize that because of this oneness we are empowered to create our own fates—to materialize our spiritual concepts—to be what our real self would have us be.

(In May *Nautilus* read "The Man Who Regained His Lost Success by Putting God into His Work." It is a unique personal experience that will help you.—EDITOR.)

What I Have Learned About Becoming Popular

By Theodore Wilcox

You Cannot Fail to Realize that Degree of Popularity You Have Fitted Yourself to Receive

I HAVE found through personal experience that the ability to be popular among a wide-spread acquaintanceship is an art, and not, as is commonly believed, a matter of luck.

Success or fame in the business, professional or social world does not necessarily mean that such a person enjoys a wide range of popularity. Popularity does not depend upon what we have made of ourselves in a worldly way, but upon what we have done to serve, aid, comfort, inspire and spread happiness among our various acquaintances.

Such action to be consistent must originate in the fixed temperament of Love. Affectation fools no one but the affected person.

No matter what we may do for our fellow men and women, that action becomes wasted effort unless it comes from the heart of a person who is earnest and sincere in his love for humanity. Affectation is only too apparent if the motive be for the personal satisfaction of giving, or for the purpose of showing one's superiority, or for the sake of winning praise or approval, or for any other personal reason whatsoever.

Service to our fellow men and women must be the outward expression of that Universal Love within ourselves.

If the sense of Love for humanity be lacking in the individual, it is necessary for him to develop it before attempting to become popular. It becomes necessary for such a person to enlarge and extend the field of his friendships.

This is really a very simple thing to do. If we look only for the admirable qualities in all of the people with whom we come into contact, it is possible to find certain characteristics upon which friendship can be built. In as much as we readily condone the faults of our friends, in a very short time our

respective minds will see nothing but good in everyone, regardless of age, nationality, creed or social position. With this habit of seeing only good in people once established, it is a very short step to the stage of Universal Love, and of the expression of this Love in word and deed.

The sincere smile, greeting and hand-clasp of friendship toward everyone is in itself conducive to a wide range of popularity.

The second step is that of service. The average, normal individual is usually glad to be of any possible service to his friends, but very often finds it beyond his ability to do so, or else blunders and makes matters worse than they were in the first place.

It is necessary, if we desire to be of the utmost service to our friends, that we become better men and women ourselves. After acquiring that Love for humanity within ourselves, we must learn to express that Love outwardly in the most efficient and practical manner.

Forget that misconception that character is fixed and unchangeable. The individual can make of himself just what he will, if he have faith and be willing to strive toward that end. Forget that you are an individual at all, and think of yourself as a part of that infinitely large Universal Love, of which all other persons are also parts, and that by serving or aiding others, you are serving and aiding yourself. Popularity is but a reaction of your own good thoughts, words and deeds.

By re-educating, re-directing and re-training Self, we can become finer, more ideal types of all-around manhood and womanhood, with a wider range of expression, of usefulness, of sympathy, of human understanding, and of ability to be of practical service to others.

We receive that which we have prepared

ourselves to receive—whether that preparation has been conscious or otherwise. Luck has nothing to do with it. Good luck and bad luck are merely excuses used by uneducated and inexperienced people in an effort to explain those events which to them are incomprehensible.

Popularity is easy to acquire, but it must be deserved. It is very seldom that we get the things that we try so hard to acquire. Forget about *acquiring* popularity, and concentrate your energies upon *preparing* yourself for it. By trying to make yourself popular with people, the chances are that your affectation will instead drive them away. By gradually making new friends, through a constant process of looking only for the good in every person whom you meet; by the acquisition of a new feeling of Love toward all persons regardless of personal eccentricities of thought, action, ideals or beliefs; by pre-

paring self for more idealist manhood or womanhood, and thus for a wider range of usefulness; does the individual prepare himself to receive that popularity which he so desires.

The degree of sincerity and of earnestness with which the individual enters upon his program of preparation, is the sole determining factor of the extent to which popularity will be his. There is no limit to the extent of popularity. As long as the individuality of the man or woman develops, which should be throughout life, just so long will popularity increase.

The final result is never a question of "Is it possible?", but only of time and of degree.

You as an individual cannot fail to realize that degree of popularity which you have prepared yourself to receive.

("Demonstrating Prosperity Through Faith"—be sure to read it in May *Nautilus*.)—EDITOR.

Eye Praise Treatment

By Evelyn F. Hamilton

RELAX. Become calm, inwardly quiet. Breathe slow, deep, even breaths. Close the eyes and with the hands gently covering them, memorize and *consciously* repeat the following effective self help treatment *four times a day*.

Eyes! You are *beautiful* eyes.

You are *large, luminous, expressive* eyes.

You are *strong, healthy, enduring* eyes.

You glisten with the radiance of *perfect positive* health.

You are filled with Infinite *wisdom* and *power*.

You function in a *normal* and *perfect* manner every day.

You do your *perfect* work with *ease* and *comfort*, with *deep dependable strength*.

You enjoy *perfect* vision under *all* conditions, *free, easy, happy, instant*.

You delight in the joy of sight, the beauty of scene about you.

You are *perfectly healed now*.

How the Mother of Five Solved Her Great Life Problem by Recognition of the Christ Within

By Edith Saxon

"In the Beginning was the WORD." The Power of the Creative Word Dissolves All Complexes and Repressions

THE WRITER is an experimenter in New Thought fields along with other lines, and I have the thought that when I can teach one who has a "circle" I have done something for my race. If I teach a mother, her circle is an ever widening one of children and children's acquaintances and children's children. If a professional, then the circle is no less great, yet different. And while I would not refuse to teach any one who came, yet in my mind long ago I selected the class that might be called "Teachers".

I have lived in my neighborhood about eighteen months. It is the usual lower middle-class district of my city. In the process of getting a healing myself, I have refrained from carrying Truth to anyone, teaching only those who asked help.

There is one woman near me, who has a dynamic mind. She has a family—and it is her family—and not at all the husband's—consisting of one man, his two step-children, and three children of "theirs". She is a tremendous personality, weighing over two hundred pounds, of the cerebrothoracic type, functioning at the thorax. She was born in October under Libra, which makes her a natural seer and an intuitional, whether developed or undeveloped. I used to hear her roaring and raging at her children, heard her called a trouble maker, and crazy, as such a neighborhood delights to call its own, when it does not understand them.

She peddles vegetables every day, as the labor of the husband and father has never been sufficient to feed and clothe the family, and she drives a car from one end of this valley to the other. Keep this picture in your mind. A splendid physical body, a fine keen mind, a tremendous creative energy, lack

of knowledge, lack of wisdom, lack of understanding, of herself or others, running on an eccentric, at the highest state of ecstasy one day, down in the pit the next.

One day, about four months ago, she came to my door in a state of hysterical crying, and unloaded her woes on me, and as she talked Spiritual Vision unrolled the panorama of her life and I saw a wonderful creative force trying to orient itself.

The immediate trouble was her second stepson. He was stealing money. He had always been a source of trouble. Her list of woes included every one of her children, however, her husband and her entire situation.

The Creative Power of Words.

"You have used your words wrongly," I told her. "You have said things and they became 'flesh' as the Bible calls it. You called your boy a thief, and he became a thief. You have believed you could be unjustly treated, and you brought that judgment on yourself.

"Now, 'Man does not live by bread alone, but by every word that proceedeth out of the mouth of God', and so we will try and see what a change of words will do for you.

"You begin to call your girl 'my lovely daughter' and she will become a beautiful and attractive child. Call your boys 'Sons of God' and that is what they will show forth. No 'Son of God' can possibly be a thief. Declare the thing you want as emphatically as you have declared the thing you DON'T want and watch it come forth."

Together we talked the thing out, and when she went out to peddle vegetables that morning it was with a constructive thought, and with constructive words, and all day long she spoke those words, silently or aloud as the

need was, and she got results, and her faith was born and the next day she came back for more teaching.

And then a strange thing came about. Wherever she went she found women who were having the same trouble as herself—money matters, the management of children—religious puzzles—relations of husband and wife, the whole range of human troubles caused by the misuse of the Creative Word. Every day that she came for a teaching, she found someone who needed that day's teaching. And faithfully with all the force in her she passed the Good Words along.

A Natural Healer.

I have not told you that this woman was trained for Missionary work in a Salvation Army School. She had been coming to me but a short time when I discovered that she was a natural magnetic healer. She can put her hands up and take Power out of the air, any time, any place. And gradually as she cleaned up her own mind, her own words, and her own affairs, she went over in the direction of her natural gift. As the months went by she worked more and more intelligently with her own nerve centers. This is, of course the process of healing used under psycho-analysis to get people who run on an eccentric, back on their own Sun Centers.

There came a day when it was given specifically to me to know the cause of her eccentricity. As this particular causation is in line with Freudian fundamentals it is in order here.

How The Great Repression Originated.

When she was seventeen or eighteen she was, as she supposed, married. A little while before her baby was born she learned that the man had a wife, and that she was no wife. She took herself out of the mess as fast as she could, and she vowed never to love again, and she prayed night and day that the babe would die, and it did. Her mother taunted her with the situation, and continued to do so as long as she could get at her. There seemed nothing but unhappiness for her any-

where in the world. And when she came through with that experience she was left with a tight "Love" (heart) center. She had done what most young women do in like circumstances, killed out the expression of Universal Love, and was left with an unbalanced emotional life in its place.

There came a sort of crisis in her affairs and she went down and down into the same old emotional pit. It is the fashion to call it hell and in that place of mental torment she had a vision of her three boys staked out on a hillside like goats. She mentally gave them their freedom, and she received a wonderful sense of freedom herself. She prayed at last, "*Not my will, but Thine alone be done*" and the tight heart center let go.

A Vision of Light and a Wonderful Healing.

She came to my house the next morning to tell me about this crisis. And as she talked to me, wonderful Vibratory Forces, Father-Mother God, set up their flow through the center that had been cleared the night before, and as they came through I saw Light flash up over her head, and round her body till it stood out about eight inches. She knew that something had happened and asked me what it was. And when I told her, we knew that she had been most wonderfully blessed and healed.

Somewhere during this time we typed this affirmation, and she put it on her windshield: "*What the Christ does in me this day, that I do. Of myself, or from any other source, I do nothing. Each day I go forth to do the will of God.*"

So she goes every day up and down the valley peddling vegetables, preaching, praying, healing. She still makes mistakes, gets off center, and comes back to be straightened out. Every day that goes by it is easier and easier for her to remain poised and centered in Divine Mind. She speaks her Word in perfect faith. I can look into the future and see that home perfected, those boys and that lovely girl taken over into manhood in wisdom and freedom.

(Next month another wonderful article on "Finding the Christ Within."—EDITOR.)

IT is only the lofty idea, the untiring, courageous, human idea, that separates gladness from sorrow.—MAETERLINCK.

Making Easy the Payment of Your Debts

By W. Y. M.

SO MANY inquiries come to me concerning the payment of debts that I feel a little general talk on this subject would not be amiss with a great majority of people. It really seems that all classes are making and regretting debts.

A debt is not always an evil but often the way we look at it after it is made makes it so. I am writing from real personal experience. I know in my own past I have helped to keep myself in perpetual lasting debt because of the way I looked at the debt after it was made. I was always honestly inclined and never remember making a debt that I did not honestly desire to pay and on time at that, but I began to see after New Thought came in that I had always held debts in the wrong light.

As soon as one was made I took on the heavy burden, almost refusing to be comforted as long as it lasted.

To begin with, as soon as our debt is made we must love the one we owe, and continue to do so. We must send out our thoughts in waves of good will which he will receive and return, for always what we give out we are sure to get back.

We must not cease to vision our abundant supply. We must continue though the debt is not yet due, to vision ourselves paying it promptly; vision our friend's glad and happy expressions at our promptness. Vision yourself actually handing him the money and see it all clearly. I have shown you before that we cannot see two pictures at once, so never get the wrong picture.

Self-pity concerning your debts makes poverty creep in all about you, so do not give up to this for one moment, but practice our Elder Brother's advice; believe that you receive that for which you ask. We do not have to know the way but believe in your heart that you do receive. And how would you act if you were heavily burdened with debt and all at once knew that you had received sufficiently to meet every obligation? Just how would you act? I am sure you would be very happy, your face would surely

shine with joy. You would be conscious of a perfect love for the one whom you owed for it would fill you with gratitude and praise and thanksgiving. You would smile I am sure and you would breathe a silent "Thank You" to our Father of Love for all good blessings come from Him.

These are some of the things you should do *now*. Cease to count and to fear, for fear is the greatest of evils. It produces more disease and poverty than any other thing and it hinders more perfect healing than anything else.

Cast it off bodily as you would cast off old, worn out garments.

I know that with love and a perfect vision we can collect any debt and I know that with love and a perfect vision we can pay any debt.

Determine *now* in your heart to clear up the debts that are worrying you. Begin by sending thoughts of good will and comradeship to the one you owe. Tell him often in the silence of your own room that you do earnestly desire to pay him, that you are honest and just and that he does have faith in you and that he does not distrust you in the least. Then be honest with yourself and mean this, believe it is true and make it come true by your earnest thoughts.

Vision your abundant supply at all times. I believe just twenty minutes a day of earnest thinking will solve any problem. Do not worry about the way it is to come, but vision it so clearly that it cannot do otherwise but come straight to you. And remember, if you do not meet with perfect success at once that your own debt is being paid. Don't forget the many mental pictures you have been making and that the result of those other than perfect pictures will be just as true as those that you are now receiving, for in your subconscious mind you have planted, possibly for years, seeds of fear, doubt, lack and poverty of every kind. Until you weed out your thought garden and plant the proper seeds you cannot hope for perfect results.

So begin today to make those perfect pic-

tures that mean success to you. See yourself surrounded with God's bounty. It is just as easy to see large as to see small. In the case of my dimes (as told in November, 1925 *Nautilus*) I am convinced that had I seen twenty dollar bills or five dollar bills I would have received them just as easily. I made a perfect picture of dimes. I planted the seeds in my subconscious mind and they grew dimes.

Your own seeds grow as planted. If you in ignorance, look at your babies as being thinly clad, cold and hungry, there is nothing that can keep them from receiving what you have so clearly visioned for them. Even if you know in your heart that this is true in a material way, shut your eyes to the fact and see them warm and comfortable. With your eyes shut you can see warmth so clearly that you can actually feel it. Try and see for yourself. It will work for you when you make your pictures clear and perfect.

Let your vision be one of abundance always. Take a mental walk down to the bank. You can even feel the joy of it all as you walk happily along taking your supply to deposit. See clearly the friendly smile and the warmth

of the welcome that you receive at your bank. Now take your deposit slip. See clearly the large numbers it records. By this time I am sure you can see this quite clearly and as perfectly as if it was actually happening to you. See yourself proudly going down to pay your debts. You can see that your creditor friend is happy to know that you have made good. You can see that he is filled with trust and admiration for you. You can see the happy, pleased expression on his face for your business relations have been pleasant and all is well.

It works and you need not fear to try it. Oh, when will we all learn that great truth that all about us is our abundant supply, that in all reality we do not need to make debts, that they can be paid and, that by our earnest, honest efforts we can succeed and we can at all times be conscious of our rich inheritance?

In reality we are Pure Spirit when we live conscious of this fact and hold ourselves in oneness with the true spiritual Source.

Set your aims high!

(W. Y. M. will tell us next month how Truth healed dangerous chronic sores of 20 years' standing—her own experience.)

Life Light

By Ernest C. Wilson

AGES AGO in the drama of life on this planet a jellyfish with ideas set out to be something more than a jellyfish. The climax occurred a million or so years later when his descendants became worms with a backbone!

This story is a part of the fascinating volume nature has written in the lives of her creatures; and it also has a pertinent bearing on the story of another evolution—the evolution of human success and attainment.

The worm with the backbone is said to be man's material ancestor. Perhaps that is why we have so long been unable to answer the old insinuation that we are "worms of the dust". But remember that even a worm will turn (which is part of the value of having a backbone).

Without backbone, stamina, courage, stick-to-it-iveness, the human race is still akin to the jellyfish; but that's as far as the analogy goes. Stand up, look up, lift up! You are neither a worm nor a jellyfish, but a man—with a backbone!

And then it Came to Me, a Hunch that Brought My Husband Success

By E. M.

**My Husband was of an Alien Race and a Failure. Then I Found New Thought
and Like a Flash from Heaven I Saw the Right Place for My Husband
and Now He is a Grand Success**

I STARTED OUT on my married life handicapped by one of the greatest obstacles to a happy marriage—difference in race. For I married an Indian, a civilized, educated Indian to be sure, but still an Indian. My father in his anxiety to deter me from my marriage spoke this couplet, a prophecy:

Poverty, disgrace,
And an alien race

It rang in my head for years and it seemed would inevitably be fulfilled.

I married my husband under no illusions. I knew that his ways were not my ways. But he had the fine body of the trained athlete, the ruddy brown skin of the out of door man, and his strong healthy young manhood called to something physical in me that had never been awakened before, and I determined to answer the call no matter what happened. There was no other bond between us except a physical one at the time we were married.

But because of my family's dire prophecies and then later because of my growing love for my husband, I determined to make a success of my marriage. I did love my husband. He was clean in his habits, courteous in his treatment of me, kind hearted, generous and loving. We had three children, beautiful healthy creatures, and we were both devoted to them. My husband had a little income from his government land—enough to keep us when we were first married, but with the children and the increased cost of living, it was soon not enough. My husband seemed to have no conception of work. Quick as a flash in hunting and games, he was slow and clumsy with his hands when he was trying to do something useful with them. And it was the same with all other kinds of work. He simply didn't seem to be able to put any-

thing over. I really believe that the American Indian is of Oriental origin because he is so fatalistic, so non-combative. He seems to have no idea of *making* things happen. Of course, we were soon in debt. I knew the disgrace of being sued for bills, of being evicted from my home. With three little babies on my hands, there seemed to be nothing that I could do to help. I tried to be stoical and apathetic like my husband, but I was really wild with anxiety, worry and grief. "Poverty, Disgrace, and an Alien Race!" It had come upon me. I was about ready to give up, to go back to my father and plead with him to take me and my babies under his care. How glad I am now that I did not leave my husband!

A neighbor of mine, knowing my distress, gave me twelve back numbers of *Nautilus*, the most wonderful gift I have ever received. From these and other books I obtained, I learned that nothing can impede a human soul. I began thinking of my husband as a *God-like Soul*, not as a man of an inferior race. I had been holding him back by my thought of him, unconsciously enlarging and empowering the old tradition that the Indian is lazy and worthless. I stopped thinking of him as an Indian and began to believe in him as a man. I knew there was some work for him to do somewhere. I thought quietly about it without strain or anxiety. And then it came to me as though God had spoken that the thing for him to do was to work in athletics. It did not all happen at once but in time I began to *know* that he would find his own.

He applied for the position of football coach in the local high school and obtained it without difficulty. It did not pay much but he was a changed man almost at once. His en-

thusiasm knew no bounds. The old "look of the eagle" came back into his eyes. He made a fine team out of mediocre material and was asked to remain to coach basketball and baseball.

The name of the little high school began to appear on the sporting pages and after two years my husband was asked to coach in a Western college. We are now East and my husband is one of the most famous athletic coaches in the world. Very few people know that he is an Indian, although he is in no way ashamed of his race. He seems to have

lost the distinctive Indian traits, the feeling of inferiority, the sullenness, the indifference. All that remains to him of the savage is his fine erect carriage, his clear bronze skin and his passion for the game and the chase. I am proud of my husband as a big man in his profession, as a real man among real men. There is no barrier that the human soul helped by God cannot remove, even the age old tradition of racial inheritance.

(Be sure to read in May *Nautilus*, "Love as a Corrective Agent." It tells how a wife healed her husband of chronic drunkenness—so that he stayed healed.—EDITOR.)

Goiter and Tuberculosis Healed by the Power of Divine Truth

By M. W.

The Doctors Gave Her but a Year to Live. New Thought Restored Her to Health and Two Years Later She Had No Trace of Former Troubles

I AM reverently thankful to the Father Spirit for His guidance to that trial subscription to *Nautilus*. It found me when the shadows had deepened, almost obscuring the light and life of hope, and thrilled me with fresh courage by its inspiring messages of the love and power of God manifested in the lives of men and women awakened to the consciousness of the Divinity within them.

Disease, poverty, fear and worry bounded my horizon, for in the old school of Christian Thought in which I was cradled these were the dispensation of Providence to which we must meekly submit.

Nautilus brought a newer and a better way—the gospel of Health, Happiness, Prosperity and Peace realized here and now by the right use of the God Power implanted within us. These Truths were like manna to my burdened, troubled soul. I resolved to put them to a test in bringing order out of chaos of my life and surroundings.

Ephthalmic goiter, nervous prostration and tuberculosis were only some of the calamities threatening the joy and harmony of our home. The goiter trouble had been mine for four

years; by spells, bringing me very low. My physicians gave no hope of ultimate recovery, in fact, I had at one time been given a year, at most, to live. Nervousness and melancholy brought on by worry over the difficulties, financial and otherwise that beset us, was my husband's trouble. But, when our lovely little daughter's case was diagnosed as tuberculosis it seemed as though the foundations of life were tottering. I fear I would have given up in despair had not *Nautilus* then arrived with its aid.

Realizing that I had to have harmony in my own life before being of help to others, I resolved to demonstrate health and happiness for myself. Daily and sometimes hourly—feebly at first, but more courageously as I began to feel the effects of my positive attitude, I affirmed, "I am Health" and "Joy" and Health and Joy returned in surprising measure. The old symptoms of disease gradually disappeared, until, at the present time and for nearly two years previous, I have had no trace of former conditions. I am able in addition to my household duties, which are quite heavy, to take in a considerable share

of community and other outside work. I am a continual surprise to my friends.

As I gained in strength and knowledge I began to help others in my home. I claimed health for the afflicted daughter with a fervor born of a great love, and was rewarded by her complete recovery in less than a year, with no return of the trouble. That was about two years ago. In addition to claiming health by New Thought methods, I of course, made use of all possible helps in creating favorable conditions for her recovery. I am so glad that *Nautilus* is not erratic in its presentation of New Thought methods. While I am certain that my affirmations and desires were more potent than all else in bringing about my child's recovery, yet, had I been obliged to confine myself to these, to the exclusion of all outside help, I fear I would not have been so successful.

In the case of my husband I have found the ideas in *Nautilus* of wonderful help to him. I am especially indebted to the Family Counsel with its timely suggestions, and to the article "Love As A Corrective Agent," by Martha C. Helmes in the issue of January, 1915. I have read the latter over and over until I can almost repeat it verbatim. I wish I might say that the spirit of its teaching, "love the fulfilling of the law," had taken full possession of me. I have learned and am learning, slowly perhaps, but some day, I trust that *love* will be triumphant over every vestige of hate.

I have found it harder to help my husband than children, because of a feeling of resentment. Being a man, I thought, he might make greater effort to overcome his limitations. "The righteous indignation habit" has left its marks and must be mastered. Right here, let me say that *Nautilus* has been invaluable to me in so clearly and forcibly teaching the duty of letting our light shine on the just and the unjust. Of course,

I knew better than to return evil for evil, but having striven to live justly toward all an injustice rankled in my soul like a slow eating cancer, consuming my love. I fear that too often I thought this feeling justifiable. *Nautilus* taught a better way—the way of love, "a love *great* enough to stand all tests, big enough to overlook, kind enough to protect and pity, wise enough to be silent," as described by Martha Helmes in the article mentioned above. This is the love whereunto I would attain, the glimmerings of which have stirred my soul, bringing Joy and Harmony and giving me the practical assistance in dealing with my husband in his dark days of unreasonableness and despondency, which often sent me to bed, ill, and at other times caused me to lose my self-control, bringing me to shame and confusion. I know now that it was my attitude toward the trouble, a sort of self-pity, "I can't stand it" attitude, when all the time, my source of supply was within me, waiting for me to summon its aid. It is sufficient for our every need when rightly used.

Another thing I learned was not to dwell upon any unpleasant conditions in my thought, but to think new thoughts of joy and peace, even in the midst of unhappiness and inharmony. Thus, by the right attitude and by right thoughts and affirmations suited to our needs day by day, sometimes strong in faith and courage, at other times wavering, we have made much progress. My husband's health is now almost entirely normal, so much so, that the duties laid down are about to be resumed, and I am sure complete victory will be his.

I wish I might tell of other victories gained, but that would mean stories within stories.

(EDITOR'S NOTE. The article referred to by the author of the above, "Love as a Corrective Agent," by Martha C. Helmes, will be reprinted in full in the May number of *Nautilus*.)

LOVE is all or love is nothing.
 Half a heart it cannot know.
 When we love, 't is that God's being
 Doth our being overflow.

—VICTOR E. SOUTHWORTH.



Views and Reviews by William E Towne



ARE YOU A WITHHOLDER?

"THERE is that withholdeth more than
is meet, but it tendeth to poverty."

The law applies to all the activities of life, just as much as to the attainment of success. To withhold yourself from life is to shut yourself off from more life. Unless you enter fully into the activities of life you cannot reap the rewards of life. Unless you express yourself joyfully, you will not be joyful. Unless you give love you will not receive much love. Unless you serve society, society will have little use for you.

And this entering into life must be a real thing. To be effective it must come from the deep desire of the heart, from a union of the conscious and subconscious energies in a common aim. A superficial, outward forcing of an assumed interest in life will not accomplish the purpose.

There are many who believe that they are unselfishly interested in other people when they are really only narrowly and selfishly interested in themselves. Of course in a broad sense all interest in the activities of life is self-interest; but there comes a time when the individual realizes that he serves himself best who best serves society.

To the class of self-deceivers belong those who are always trying to make over their marital partners—always (as they believe) for the good of the partners! Unless such efforts are inspired by love, by a really deep desire to help the other fellow for his own sake, there is little real gain and the one who makes the effort is simply a withholder at heart—one who refuses to enter freely and fully into life by the way of unselfish love—so far as any love is unselfish. And the results are correspondingly meager and unsatisfactory.

Then there is the withholder who gives expecting gratitude and appreciation in return. He (or she) is not really giving; he is driving a bargain. The spirit of entering joyfully into life is absent in such cases.

It is only when we give for the sake of giving, when we find our joy and our reward in the action itself, that we really enter fully into life, that we partake fully of the real rewards of life, that we progress and are happy.

Elbert Hubbard once wrote something to the effect that the love we liberate is the only love we keep. To give love or interest increases your own powers of love and interest. Unless you use your powers they atrophy.

Emerson expressed in sublime language the truth about entering into life when he wrote: "Love and you shall be loved. All love is mathematically just, as much as the two sides of an algebraic equation. The good man has absolute good, which like fire turns everything to its own nature, so that you cannot do him any harm, but as the royal armies sent against Napoleon, when he approached, cast down their colors and from enemies became friends, so do disasters of all kinds, as sickness, offense, poverty, prove benefactors."

Do you withhold your love and interest from your daily work? You are cheating yourself most of all. You are denying the life within you which would naturally flow out into expression as love and interest and constructive, creative power if you would give it a chance, and bring your material returns as well as mental and spiritual.

To hoard life is to lose it. Life grows with activity, with expression in all normal ways. To enter fully into life is the surest way to avoid undesirable mental complexes and conflicts which so often limit the individual and vex him with disease and ineffectualness. The one who lives fully, every day, a life of constructive activity directed to useful service, is too busy to develop a serious mental conflict. He learns in the course of his experience to adjust readily and quickly to personal disappointments. He does not confuse his personal feelings with the public interest. In short, he lives his life like an adult instead of like an infant.



VIEWS and REVIEWS by WILLIAM E. TOWNE



A DESIRABLE SACRIFICE.

IF one does anything worth while in the world he must continually sacrifice his natural, infantile desire to avoid directed activity.

The subconscious distaste for sustained, directed effort is natural to every one. Work is a comparatively modern development. The depths of the subconscious mind still cling to the infantile desire for ease. Any new directed activity that the conscious mind conceives is met by an unconscious backward pull toward delay.

A common example of this is the universal distaste for early rising. The conscious mind may think of a dozen things that require early attention. The subconscious offsets this with an impulse to lie just a little longer, or with a plausible excuse for delay — "breakfast won't be ready, anyhow, so why hurry", "there is lots of time", "the bath water won't be hot this early", etc. etc.

Man's progress is in exact ratio to his success in outgrowing this backward pull toward infantile laziness. Instead of getting most of his pleasure out of himself, instead of from the world without, as does the infant, the growing man must learn to get his pleasure largely through action upon the world without, if he is to develop normally. He must learn to mold the world of reality (outside himself) in accordance with his plans and ideals, if he is to become a success in life. His craving for life and activity must be given a constructive direction. Instead of drifting he must take the oar and row. At every step he must sacrifice that delightful infantile feeling of omnipotence, where all one's needs are met by loving parents and friends, without effort on one's own part.

There are several definite periods in one's life where he has to make his choice of direction—whether he will go forward to adulthood or remain an infant, undeveloped, incapable of meeting effectually the problems of life. One of the most important of these periods is that which comes when the boy leaves home. It is essential to his normal development that he should break away from

his parents and get out from under the home influence, for a time at least. But often it is much easier to remain at home, under the protection of one's parents, where no new adjustments are necessary and life is easy. And over-indulgent parents often (unconsciously) stand in the way of the boy's own welfare and happiness by trying to hold him at home, or keep him under the parental influence after he leaves home.

When a boy who has been thus sheltered at home and encouraged to remain a child in his inner life, is suddenly thrust out into the world by the death of parents, by financial reverses, or from any other cause, he is unable to adjust to the conditions of life in an adult way. Mental conflicts arise which cause him endless unhappiness and often serious diseases. He is handicapped in all his efforts toward success, because he is forever trying to meet adult problems in an infantile way.

The girl who has been too closely protected by over-indulgent parents from contact with the world of reality, will enter upon the greatest experience of life—marriage—entirely ignorant of adjustment that will be required of her daily and hourly in the marital state. She, too, will try to meet the adult problems of marriage with the mental attitude of a child. She, too, will live at a great disadvantage because she was kept a child when she should have been trained to meet the problems of adults and to deal with the world of reality in an adult manner.

One of the finest helps to both boys and girls in training for the later necessary adjustments of adult life is the summer camp. Here the children learn needed regularity, they learn to adjust their own lives to the life of the camp, they learn to act *with* others and to get a large share of their pleasure from the world outside themselves, through activities that require a certain amount of self-direction. The whole tendency of a properly conducted summer camp is to help the child bridge the difficult gap between childhood and adulthood and to fit him to better deal with the problems of adult life in an adult way.



International Sunday School Lessons

Interpreted for Ministers, Teachers, Students and Others who Study the International Bible Lessons

Class Work by Rev. GEORGE C. GOLDEN

April 18. THE BEGINNING OF SIN or THE BELIEF OF LIFE AND KNOWLEDGE IN MATTER. Gen. 3, 1-12.

Bible Readings: Gen. 3; St. John 1.

GOLDEN TEXT: *For as in Adam all die, so also in Christ shall all be made alive.* 1 Cor. 15, 22.

NEW THOUGHT GOLDEN TEXT: *Nothing shall by any means hurt you.* St. Luke 10, 19.

THERE are several details given in this lesson that seem impossible to reconcile with what is taught us in the New Testament.

How can we believe in the Tree of Life, of which it was said that they who touched it should surely die, and yet have faith in Christ's words to his followers that in all the world nothing should by any means hurt them?

How can we believe in a God who said to Adam that he might eat of all the trees but one and yet know that it is the same generous Father who giveth to all generously and upbraideth not?

Did not God make man in his image and likeness, sharer of his own fullness and enjoyer of his own intelligence—and yet here was a tree from which Adam and Eve thought that they could imbibed knowledge?

Either God and Life were vastly different for the residents of the Garden of Eden from the God and Life that Christ revealed, or Adam and Eve were greatly mistaken in their understanding of them. Does God change? Is He today Life, Truth and Love and yesterday a petulant God, demanding childlike obedience? Does man today "have a spirit in him that giveth him understanding," and yet in Eden was so ignorant that he must eat of a tree for knowledge?

No, God changes not. Man is ever the fullest manifestation of the Infinite. It was Adam who was in error in looking to matter to give him knowledge instead of assuming and utilizing the Infinite Wisdom with which he was inspired. When he believed in life and intelligence in matter, along with this same error came belief in a personal God, restrictions of his own divine liberty and rebellion against those same limitations to be followed by his sense of deprivation and punishment.

It was all the work of erroneous imagination. This tragedy of Eden is man's own punishment, self-imposed, self-inflicted, for his belief in a God or power in matter. He had fullness of Life, Truth and Love, Freedom and Intelligence in the Spirit that was in him and had he abode in that

truth, he would never have imagined or dreamed that God, who is changeless Love, could be driving him out of his own God-given paradise.

Silent Affirmation.

"I may not hope from outward forms to win, The passion and the life whose fountains are within."

—Quoted by Mrs. E. C. Hopkins.

April 25. THE STORY OF CAIN AND ABEL or THE ENTERTAINMENT OF HATE. Gen. 4, 1-12.

Bible Readings: Gen. 4; 1 Cor. 13.

GOLDEN TEXT: *Am I my brother's keeper?* Gen. 4, 9.

NEW THOUGHT GOLDEN TEXT: *If thou doest not well, sin croucheth at the door.* Gen. 4, 7.

ABEL was a keeper of sheep, and when he brought his sacrifices to the Lord they were very pleasing unto the Most Highest. Cain was a tiller of the ground, but when he came unto God with his love offerings, Jehovah had no respect unto them.

How did Cain know that God was not pleased with him and his gifts? Did the morning withhold from him its sweetness or the evening silence its song of twilight rest? Was he not given the refreshment of sleep, and did he not take of the nourishment that nature has for all her children? Could he not walk, like his brother, in forests that whispered of love and amid aisles where brooding mystery lay eloquent all about him? How, then, did he know that the Almighty had no favor towards him? What made him think that the Father who sends the rain on the just and the unjust had banished him outside the Divine love and protection?

God did not do it! Changeless Love is unable to withhold Itself from even the least of His children. Infinite Life cannot be infinite and still withdraw.

It was Cain who shut the door and drew the blind. When he allowed sin, as hate and jealousy, to enter his heart, he planted in his own mind the imagination of divine disfavor and heavenly banishment, and these ungodly, unjust, unfair and unfounded imaginations grew and grew until they forced him to that crime with which he has ever been identified.

If a man does not do well, he will blame God and his fellowmen; he will lay the fault for his

own failures at everyone's door but his own. While the real reason is that the sin which is crouching at the door of his mind is blinding him to the good and natural life all around him—it is making him read love as hate and consideration as neglect.

Do you like the people among whom you dwell? No, you say, you cannot, for their taste is poor, their ethics bad, their manners are disgusting and their pastimes are vulgar. So you are consuming your time in justly criticising them. My friend, the fault is no more in them than it was in the God of Cain! The fact that you are not doing well with your neighbors is due to the fact that hate is lying like a fog between you and them.

Silent Affirmation.

My strength is as the strength of ten because my heart is pure.

—Tennyson.

MAY 2. GOD'S COVENANT WITH NOAH or NATURE'S TESTIMONY. Gen. 9, 8-17.

Bible Readings: Gen. 1 and 9.

GOLDEN TEXT: *I do set my bow in the clouds and it shall be for a token of a covenant between me and the earth. Gen. 9, 13.*

NEW THOUGHT GOLDEN TEXT: *The very hairs of your head are numbered. St. Matt. 10, 30.*

IN "The Art of Creation", Carpenter says: "Nature is a great vehicle, an innumerable network and channel of intelligence and emotion, and this whole domain of the universe (is) the theater of an immense interchange of conscious life."

Nature herself is but an advertisement, a testimony to the greatness and grandeur of the God that lies undiscovered in man.

The writer of Genesis, looking to the iris quivering in the hands of the abating storm, saw in the phenomenon, not some trick of nature, but God planting in the sky his own agreement with man guaranteeing him eternal protection.

So do these unusual and exquisite sights in nature rouse their corresponding mental statements whereby the Soul of man is revealed to him.

Who can gaze over the vistas of the great Sierras and still conceive of himself as being small and petty? Who can stand alone on the Great American Desert when night is quickly devouring the day and the sky, instead of dropping down, seems to be lifted beyond the very heavens themselves—who can feel this and yet not sense something of that vaster space of Spirit in man? Do not the city canyons smother the souls of people until they flee to the parks and the rivers, the ocean and the mountains to "find themselves"?

The old Greeks lived a very full life, and undoubtedly they were aided in their unfoldment by the fact that they began each day with a song of thanksgiving. The dew they saw resting on the grass, the shell-pink of the morning sky, the quietness of the sandy road and the appearance of the first traveler—these each man interpreted for himself, and in his interpretation he explained HIMSELF to himself.

Silent Affirmation.

In the leaves of trees I see letters from the Infinite, and in the clouds of the sky the Universal is writing his code.

MAY 9. ABRAM AND THE KINGS or ABRAM'S DEMONSTRATION. Gen. 14, 13-24.
Bible Readings: Gen. 14, James 17.

GOLDEN TEXT: *In all these things are we more than conquerors through him that loves us. Romans 8, 37.*

NEW THOUGHT GOLDEN TEXT: *Even so, faith, if it hath no works, is dead, being alone. James 2, 17.*

ABRAM'S brother-in-law, Lot, was in trouble. He had been in Sodom, an exceedingly wicked city. It was no place for him to have been. He paid the price for his seeking of evil companions. He was taken prisoner. He had been betrayed by his companions. In his distress and danger, he sent word to Abram, asking his aid and pleading for his support.

Abram spent no time, as far as the record shows, in berating Lot for his folly in mixing up with such companions. He did not think that the fact that he could say, "I told you so" excused him from coming to the rescue of a man to whom he was joined in the bonds of friendship. In fact, his friendship with this man made him blind to what many heartless people would call justice. He cared not whether Lot was at fault or not. His one care was to deliver his friend from the danger into which he had fallen.

How often people make their religion an excuse for their inaction! They see this man in poverty, that man in prison, but they say that if they bestir themselves the individual will not be allowed the lesson that Providence is teaching him through his trouble. Carry this stand to a further degree and every hospital and school will be an act of rebellion against God if God sends trouble and ignorance to teach his children. But the religion of the Master has no place for this sort of excuse. It sees God simply as love and the highest promptings of friendship are the very wisdom of the Infinite.

Notice that when Abram determined to work for the demonstration of Lot's freedom he did not "treat" and stop with silent, mental treatment. He not only believed that man "lived, moved and had his being in God" but he was a practitioner of the statement that God also lived, moved and had his being in man. When man was active, then God was active, but when man was waiting, then the Infinite Energy itself was being held in check.

To Abram treatment meant action, and prayer demanded intelligent work. It was the co-ordination of body, mind and spirit into the one purpose and end. It was the practical application of St Paul's "This one thing I do".

Silent Affirmation.

I bend body, mind and spirit to the one end I have in view, knowing that the Infinite is using the whole man to work out His good will.

Nautilus Co-operative Study Club

EVERY Subscriber to *Nautilus* is a member of this Nautilus Co-operative Study Club without cost other than the \$1.00 for subscription to the magazine.

He becomes an Active Member of the N. C. S. C. (Nautilus Co-operative Study Club) in full fellowship, by carrying on the study club work as given month by month, beginning it HERE AND NOW. Those who are faithful to the work will need no correspondence; they will find their questions answered in the Silence. CLUB COMMUNION in the Silence aids all faithful members to the solution of their individual problems. Each for the Good of All and All for Each, the Heavenly Father "doing the works".

LOCAL STUDY CLUBS: Every Active Member of the N. C. S. C. may aid his friends and himself by forming a local N. C. S. C., thus entering into the complete needs of Club Communion, by adding the PRACTICE or EXPRESSION of Co-operative Study in groups, meditating and expressing together in divine freedom. Such Local N. C. S. Clubs should consist of from three to thirteen members, each of whom should be a subscriber to *Nautilus*; all of whom may, however, be served by one subscription, if deemed necessary.

ACTIVE MEMBERS of the N. C. S. C. may become REGISTERED STUDENTS of The American School of Christian Metaphysics and Psychology, by sending in a bi-monthly report of work done, each report accompanied by a love offering for the support and extension of the work.

Anyone teaching successfully the present course of instruction to children is entitled to credit, as outlined herein.

Each month's work well done counts five credits for an Active Member, with a possible five additional credits each month for successful work, as leader, president or secretary of a Local N. C. S. C. All these credits count toward the Master of Co-operative Practice degree, conferred by The American School. Prospectus of the School may be had by addressing the American School of Christian Metaphysics and Psychology, 247 Cabot Street, Holyoke, Mass.

Questions Answered

On Child Problems

We have arranged with Mrs. Carter to answer (through this Department) questions from parents and teachers regarding problems of the conduct, training, teaching, etc., of children. We will donate at least a page in each issue of *Nautilus* to these answers. No charge whatever. Write a separate letter for your question and address Mrs. Alberta M. Carter, c/o *Nautilus Magazine*, Holyoke, Mass.



Little Lessons in New Thought Psychology

An A-B-C Presentation of the Principles of New Thought for Very Little Children.

By ALBERTA M. CARTER

LESSON 19. WHEN NIGHT COMES.

LETTIE loves the night. She says that when it comes it seems like a great umbrella with a moon and stars in it. The dark makes her feel all safe and snug like little chickens under their mother's wings. Only the chickens haven't any lights like the moon and stars.

The dark is so quiet and makes her want to go to sleep. It hugs her up close, but she never feels it. It is a very good friend. All animals like the night and get ready for bed just as soon as they see it coming. It rests them. Their little ones cuddle up close. The dark covers them and makes them safe. The birds sleep in the trees, and their enemies cannot find them.

Night is like a fairy, it is gone as soon as you turn on the light. But it will come again, when the light is out.

Night helps you to remember things which you forgot in the daytime. It tells you about the "Thank you", "If you please", and other things you did not say and do. Of course, you don't hear it talk, but somehow you understand. Listen tonight when you go to bed. Then say your prayers.

Nobody who loves the night is afraid of the dark. Some people say that if we get still enough we can hear the stars sing. But Lettie goes to sleep as soon as she is still. Don't you?

When night comes down

I do not frown.

I call the dark my good, kind friend,

Then love to all the big world, send.

LESSON 20. A MERRY CAN (American).

THERE were once three boys who said "I can". George said it as if he wanted to fight; Robert whined it, and it sounded like "I can, but I don't want to"; Jerry said it in such a cheerful way that they called him "A merry CAN".

One day the fighting CAN, the whining CAN and the merry CAN went to a picnic. There were races, and the three CANS ran in the bag race. Now, which one do you think won the race? Of course, Jerry took his merry can with him to kindergarten. There were French, German, Italian, Irish and Chinese children there. They all wanted to become Americans. Now, Jerry was a real American boy as well as a merry Can. The

teacher told the foreign children to watch how Jerry did things. No matter what he was asked to do, he would say, "I can; it is easy", and he put so much joy into his work that it was easy.

A merry can is a key that will open any door. It is so sure that there is a way and just keeps cheerfully turning until it gets in.

Once Jerry met a stiff, cross old man. Jerry wished he could make him smile. He took out his merry can key. The man dropped his cane. Jerry ran and picked it up. The man smiled and said "Thank you, merry lad".

How many of you are Americans? How many want to be "merry cans"?

Oh, a merry can am I,
And I know the reason why
It's just because I think I can,
That I've become a regular fan
For the very merry cans.

MRS. CARTER'S ANSWERS TO QUESTIONS

E. S.—You say your fourteen year old boy neglects his schoolwork at home to read *New Thought*. Well, that is unusual, and since as you say, "He is growing better in behavior," I don't think you need fret about him. I am pleased that he wanted me to write to him. For his imperfect speech, please affirm,—*"Day by day in every way, you are speaking better and better,"* then praise his every improvement and thank God for it.

At night when he is sleeping, whisper over and over, "You are a good boy, and you do not care for smoking. You do not get angry, neither do you neglect your studies. I fear no evil, for God is with you."

Mrs. M. S.—Never mind if your son makes fun of *New Thought* teachings. You say he is but fourteen and teases his sisters so much. That is very natural but he would do it far less if you paid little or no attention to it. Boys like to hear girls make a fuss when they tease them, but if they say nothing and the mother does not scold, there will be little pleasure in teasing and it will cease.

You just keep right on with *LIVING your New Thought* and say nothing about it and I assure you, your family will soon begin to inquire about it. Our dear teacher, Mrs. Sophie Van Marter used to say, "If you go about living the Truth, people will see that you have something very precious and will come to inquire about it." That is far better than proselyting.

Affirm, "You are such a good, kind, obedient boy, Charles, and I trust you. I will fear no evil."

M. E.—There are many young mothers who believe just like you about the care of little children; that is, that the little ones are so pure and innocent that they will continue to be so no matter how bad the character of the nurse girl. But a child is a close observer and an imitator and absorbs conditions without knowing why or how. The following is from an article by John Dewey, Professor of Psychology at Columbia university.

"A large part of even the educated part of the community is still under the shadow of the old

belief that anybody who is in possession of his five senses and who has himself or herself learned to read, write and figure, knows enough to teach little children, at least if he or she 'be handy with the children'. It is not too much to say that psychological science has in the last few years practically proved the prophetic insight of a few great educational reformers who asserted that the early years are the most important, because at this period all the underlying emotional habits and unconscious attitudes are being formed."—*The Delineator*, October, 1925.

In the city where I had my training and afterward taught, there was for a time a fad among the wealthy, just-out-of-college girls, who expected to get married and make homes of their own, to take a course in kindergarten training. They have become some of the best mothers and citizens of our country.

A. Z.—If you will put a tablespoonful of Epsom salts in a pint of water and give your baby a sponge bath in it, and let the water dry without wiping, you will find the eruptions from flea bites will quickly disappear. It is a good plan to give such a bath before going to the beach. Fleas will not touch the child then.

Mentally hold for him the cleansing and purifying of the Spirit.

M. A.—Cover your son daily with thoughts of Divine Love.

He will return, but you must stop fretting. Forgive yourself for striking him in a moment of anger, and forgive him for his impertinence. A boy of fifteen is very sensitive. Think of him as being held in the hollow of God's loving hand where no evil can befall him.

R. L.—My dear lady, don't you realize that you, the mother, are the center of the home life and that from you radiates whatever atmosphere prevails? If you are continually resentful and fault-finding, you cannot hope to have a healthy baby and sweet dispositioned children. I wonder when mothers will realize how very important they are in the great scheme of life. Any physician will tell you that an angry mother will poison her milk and endanger the life of her babe. Before you take the child in your arms, fill your thoughts with love and good will. If you cannot sing a lullaby, repeat a soothing poem. You will soon find a wonderful improvement in your own disposition and the baby will be well and happy. "Love never faileth."

Dear Everybody.—I would love to answer your letters personally, as so many of you ask, but if I did, I would have to give up all my other work. Please do not send stamped envelopes for replies.

Mrs. G. L. N.—I cannot answer you through *Nautilus Questions and Answers*, as my replies are only for mothers and teachers.

THERE is no life not worth a brave new living,
No sin too great for some divine forgiving,
No grief so great that all the world must sorrow,
No night too dark to find the sun tomorrow!
LUCIA TRENT.



Things That Make For Success

And for the advancement of the individual in all ways. This is a correspondence department of success ways and means, conducted by the Editors and contributed to by NAUTILUS readers everywhere.

To Correspondents

Prizes for the Best Letters to This Department

Have you discovered something that makes for success?

Tell us about it and perhaps you will win a prize.

To the writer of the most helpful success letter published in this department each month we will send NAUTILUS for 8 years. Or, 3 yearly subscriptions to separate addresses if preferred.

To the writer of the most helpful letter printed in each six months' period, we will send \$5 in cash, in addition to the subscriptions. Prize winners announced each month for the preceding month.

Letters should be concise, plainly written on one side of paper only, and not mixed with other matters of any sort.

—THE EDITORS.

Success Letter No. 1024.

BEDRIDDEN FOR FIVE YEARS. HEALED BY PRAYER, A FRIEND'S HUSBAND HEALED OF PARALYSIS.

I WILL tell how I passed the good word along of demonstrating the power within.

From several years of illness I could not walk a half a mile or sit up a whole day for over five years. I lived in a small town in Michigan, and by writing for papers made money as well as kept busy. For two months at one time I had not sat up, and the publisher of a local paper brought the news for me to write. I did all his editing, writing in bed. I had lost all faith in doctors and drugs. My father, a retired minister, always quoted "The Lord loveth those whom he chasteneth". Had never heard of Christian Science. This was in 1886, and I chanced to meet a lady who had been healed. She told me about the Faith. I told her I had no time to read only what my paper work demanded, as I was editing a newspaper, doing all the writing to keep five workmen busy. She told me how to overcome fear. Faith would bring all things whatsoever I might desire. As Jesus said, "Believe you will

receive, and ye shall have them". Mark 11, 24, also John 10, 30, and John 17, 23-24.

I was surprised at the results. I lost all fear, and gradually recovered.

I want to tell how I passed the good word along some years later. We lived in Chicago, and I called on a lodge sister who was slowly recovering from a Caesarean birth for the second time, and had lost six still-born children. Her husband had a stroke of paralysis. She had to take care of him. So I told her of some of my demonstrations with myself and family. I told her of the practicing of the same Scripture text, using the faith that Jesus spoke of. She grasped it as the last straw. In a very short time he recovered.

One day a Polish Catholic lady, going by her place, came in to rest. She told her tale of trouble. She had been to see a doctor; she had no money for an operation; had four small children, and was trying to pay for their home. So my friend told her of my healing. She knew me somewhat, as they bought their furniture of us. We had a store then. She also told of herself, and told her to memorize those verses. She told her of faith in God, and explained how to believe that she might receive.

Some little time after this my friend met the lady and she said: "O, God is so good; He is making me well. Tell Mrs. C. I am so glad she told you, and you told me. I have told a friend and she is using this same faith. It is wonderful to live near God like that".

I told another lady who was ill like myself, and she is getting real well, too, and we keep our children real well.—Mrs. M. L. C., Calif.

Success Letter No. 1025.

NEW THOUGHT MAKES A HOME HAPPY.

ABOUT a year ago, after eleven years of married "strife", I felt that things just could not go on any longer as they had been. I had always pictured married life as a life of perfect peace and

contentment. Instead, ours had been one of continuous quibbles; yet I sincerely believed that my husband loved me, as I did him. So I subscribed to *Nautilus* for one year (a copy had been sent me by a friend), and gave it a thorough trial. When my husband would come into the house, angry, I would remain calm (it was hard to do it first, for I was in the habit of "flying off", too). When he was through I would tell him, kindly, he should try to be the man he was meant to be, and would call his attention to some special article or letter in *Nautilus*, and soon he was as interested as I. We had also tried for two years to sell our home, as we had gotten an idea that we would be better satisfied some place else. About one week ago my husband came in and told me he had been offered four hundred dollars (\$400.00) more for the place than he had been asking.

"And, of course, you told him you would sell?" I said (secretly hoping he had not).

"No, indeed," he answered, "I have learned that a home is *what* you make it, not *where* it is located."

Of course, we are not yet a perfect family (there are two children), but we have come to know the New Thought idea works, and if each of us does his part, God has already done His Ours is now a contented, happy family.—Mrs. E. K. T.

Success Letter No. 1026.

MY EXPERIENCE IN SENDING GOOD WILL TO ALL.

FIRST IT seemed easy sending my love and Good Will to all the world for I looked upon the world at large as all strangers. Before I had finished individuals came into my mind in rapid succession. Old and bitter enemies. I stopped short, for I felt I could not send these persons my sincere love and Good Will.

I next tried repeating the love and Good Will affirmation, parrot fashion, and again I came to a brick wall, and had to stop, for I realized I was making no progress.

Then I took each name as it came to mind and sent them my love and Good Will, trying all the while to feel sincere about it. After three days of faithful practice I began to feel love and Good Will for these individuals. After my hour in the silence each day I seemed to feel an unusually quiet and contented happy feeling come creeping over me.

At times waves of great happiness and joy sweep over me, and then I laugh and sing, and tell those I come in contact with (relatives and friends) how happy I am.

Lately I send my love and Good Will to suffering humanity when I feel these waves of joy and happiness, and I feel as though I am doing good.

Patients tell me my very presence soothes them. One patient, who was seriously ill when I took her case, said to me after I had nursed her several days, "Mrs. D.—I don't know what there is about you that makes me feel this way, but the moment you came into my room and I laid my eyes on you I felt a restful, soothing feeling come over me".

When I crossed the floor toward her bed she

was watching me closely. She was a dear old lady, and my heart went out to her. I sat down beside her bed, took her hand in mine, patted it lovingly and, smiling down on her, bade her go to sleep. She closed her eyes immediately, opening them occasionally at first to look at me. Each time she did so I sent her my love and Good Will, gave her hand another pat, and again bade her sleep. She slept for three hours and awakened, feeling much better. The family were overjoyed, because she had been unable to sleep before. I had no further trouble along this line.

I could tell of other cases similar to this one. I am making new friends daily. Am constantly receiving invitations to places of amusement. My work is progressing. Health improving daily.—Mrs. C. D., Wash.

Success Letter No. 1027.

HEALED OF NERVOUS BREAKDOWN.

I SUFFERED from a nervous breakdown three years ago and I can assure you that I was a physical wreck. My health seemed to be gone entirely. I was treated by different doctors but none of them could help me.

One day I was looking over a magazine when I saw a sweet face smiling out at me. The print was very small and I could scarcely see it, but the face attracted me and I decided that the person must be real good to have a face like that. So I sent for a trial copy of your *Nautilus* and I became so interested in it that I decided to take a year's subscription and I have never regretted it. Your little prayer, "God's love heals me now," is grand, and every night I say it. I could not think of going to sleep without it, and it truly has done wonders for me. My health has greatly improved and "day by day" I am growing much better with the Dear Master's good help. I tried Coué's method, but I always had a feeling that I was not giving enough of glory to God, but when your little prayer came along, I said it with all my heart for all the glory was given to my Heavenly Father in your prayer. I cannot tell you how much I have been helped by it. May God bless and prosper you in your good work.—C. G., Pa.

Success Letter No. 1028.

HEALTH, A GOOD INCOME AND A LOVING MATE SINCE I APPLIED NEW THOUGHT IN MY LIFE.

I BEGAN reading *Nautilus* in 1915, and I have learned to love it so that I have not missed very many copies.

When I began reading your magazine I was in bad health. I was discouraged with life and I was extremely nervous. The doctors told me I had lung trouble and to sleep out in the open air. I obeyed the doctors but I did not get much relief. And at last I decided that I would practice New Thought teaching diligently and watch the results.

And to my own surprise today I find I have a position that pays me \$175.00 per month, a sweet wife and a little girl child. And I also have a

nice little bank account and soon will build me a little new home.

I wish to say to those who are practising New Thought and wish results: You must think of the things you want, and not things you don't want.

For instance, if you want health and wealth, think as much as possible about health and wealth. Don't think too seriously about the trifles of life.

I believe that anybody who will apply the principles that I have applied in my life in obtaining success will succeed.—A. W. H., Ala.

Success Letter No. 1029.

PRAYER HELPED BRING MY HUSBAND HOME AND KEPT HIM SOBER.

MY HUSBAND has been a heavy drinker ever since we were married. I "fought" this for quite a while, but after reading *Nautilus* I began to see that I would have to win him by love, and there has been such an improvement in the length of time between lapses.

Monday, when I got home from my office, he had not gotten home. Midnight came, and he was not home. I was nearly frantic, but the September issue of *Nautilus* being in my handbag, I thought to read it, to distract my mind. I do not know what particular article caused me to do it, but I got to my knees and prayed for his safe return.

He had about \$150 in currency in his pocket that was to pay some material bills, only about \$50 being profit on his last job. Maybe I was praying for the safe return of the money, but knowing how long his periods generally last, I am sure there was a portion of the prayer that he would not be too far gone.

He came in about 3.00 a. m. The money was all there, and something he has never done before, he gave it to me to keep for him till the bills arrived. He was drinking, but I was loving with him and not a cross word. The next day I saw he was drinking a little, so I kept on praying, every minute I could get from my office work, and he was home safe at 6.00 last evening, and is all right today.

I believe that is the first prayer I ever really made. I have been reading and repeating the affirmations in *Nautilus*, but I do not seem to have grasped the idea, and there is always a doubt in my mind, but it must be so, for it has proved that something saved my husband, for usually when he starts it runs for weeks, and last time (January 15, this year, till end of February) he had to go to a sanatorium.

I am gradually getting a clearer idea of what you are teaching, and hope that soon I will be able to handle any problem that comes to me.—L. S., Calif.

Success Letter No. 1030.

HOW NEW THOUGHT HELPED ME SELL MY HOME AND HOW I HEALED MY FATHER AT 73.

ONE YEAR ago I saw an advertisement with Mrs. Elizabeth Towne's smiling face.

I, at that time, had never heard of New Thought.

Except for an ancient and elementary course in psychology as given to nurses at that time in the hospital for insane and nervous patients, where I was employed, I knew nothing about psychology applied practically.

Well, since then I have studied several systems of Practical Psychology and many New Thought books.

When I started reading *Nautilus* I owned a house that needed \$500 for repairs. The rent was scarcely doing more than pay the taxes, giving me a little surplus to eke out an existence. I had tried for years to sell this house. My first demonstration was in selling that home, but not before I decided to take a loan, mortgaging it enough to pay for the repairs. Just as soon as repairs had begun on the house, and before I had had the money in my hands, along came a buyer. I got that mortgage cancelled just for the price of recording it. My house was sold to a satisfied buyer, and I paid for necessary repairs out of the cash received.

My father is 73. He feels at times that he is failing. One night he called me and said he felt queer, and that he knew he was going to be very ill. I gave my attention to him until he told me to go to bed. He said he would call me if necessary. I did so, using an affirmation which came to my mind from *Nautilus*. I remembered I had no patient, but myself. While my intention was to bring health to my father, I repeated this: "Waves of Health, Vigor, through me sweep and thrill, Love, Hope, abounding thought and action fill, while I sleep—while I wake". My father has been well ever since. At first sign of his failing, I use my affirmation, and it works.—Mrs. C. Mc., Florida.

THE PRIZE WINNER for March, 1926, *Nautilus* is K. de W. V., who wrote Success Letter No. 1022. We shall be glad to send the prize of three subscriptions wherever the winner directs.—C. H. S.

AND THAT IS HOW IT STARTED—"A friend gave a copy of *Nautilus* to me." Will you do the same?

FOR WORLD PEACE

WE the Rising Generations, demand a United States of the World.

We want our idle vessels and ships to be used in times of peace for a Public University of Travel, a white fleet that shall tour the world every year.

We want these ships manned with the best instructors in Art, Literature, Travel, History, Modern Languages, Sociology, Human Nature and Universal Brotherhood.

We want the students selected according to all-round merit from the graduates of public High Schools, and Industrial, Vocational and Technical Schools of all the States.

We want this postgraduate year of travel given at the expense of the nation, the students co-operating systematically with a minimum naval crew, in all work done aboard ship.

We believe in these things.

We pray for them.

We talk them.

We vote to this end.

—Elizabeth Towne.

Confession Correspondence

Questions Answered, Explanations, Causes,
Confessions, Advice

By BROWN LANDONE



HOW PAY TITHES WHEN ENDS HARDLY MEET.

FROM A PROFESSIONAL MAN: "If I should follow *your advice* and pay one-tenth of *my* income as a tithe, the balance would not cover expenses. In *my* case, should not I pay one-tenth of what I can *save*? For I can now hardly make ends meet."

MY ANSWER: No matter what I advise or what I do, *you* should NEVER pay a tithe UNTIL *you feel* the spiritual justice of it, *want* to pay, and *dare* to do so! Your problem is *not* a problem of tithing, but that of a careless tight rope walker—trying to balance income and expenses. Tithing teaches carefulness, and cuts down careless overhead expenses. With your income you have no right to incur such excessive expenses.

What I am writing to you, I said a thousand times to myself years ago—only I was not so gentle with myself. I tried for a time to tithe only on what I *saved*, but so long as I continued on that *excuse*-basis, I never saved anything. Finally, when I kicked out fear and began paying my tithe as soon as income came in, I found that I adjusted my overhead expenses—just as you will do—so that your income will much more than meet expenses.

DESPERATION, TITHING AND MIRACLES

WHAT HAS HAPPENED?—"They threatened to sue me, insisting upon immediate payment, and some of the claims were for *eight times* the amount I really owed. There seemed nothing to do, except to drop all my work here, lose all I had invested, go away somewhere else, and start over again.

"Two weeks later, I read your article on Tithing; saw the spiritual justice of it, took the PLUNGE and began paying my tithe out of what I am earning. Then last week being conscious of new spiritual strength, I went to the attorneys, laid my cards before them, told them that if they sued they would not only ruin my business but prevent their clients from collecting anything.

"Now what do you think has happened? Every claim is adjusted for the true amount, and the other day, a man came to me and offered me money to put in the bank to use for a year to help in developing the business."

MY ANSWER: There is no need of any answer, my dear man, as to what has happened, and *why*. Whenever a soul with DIVINE COURAGE lives in accord with its consciousness of

SPIRITUAL JUSTICE—and uses common sense also—the difficult problems vanish as mists before the Sun-God. God bless you.

IMMORALITY, TITHES AND PROSPERITY

FROM A PERPLEXED MIND: "A man I know is a good business man, always pays tithes, and has acquired wealth; YET, his *moral life* is NOT right. He is married, and his relations with other women are unspeakable. *Why* should he prosper?"

THE ANSWER: Again and again I have emphasized a law which was so important in God's consciousness that He *emphasized* it in three days out of the seven days of creation. It is this: EVERYTHING reproduces after its OWN kind! That is God's law of prosperity.

So long as a man does his part as a good business man and pays his tithe, he *should* succeed—for such activities should bring prosperity after *their* kind.

But morality is NOT the source of material prosperity; it is the source of peace and happiness. So long as this man lives an immoral life, he will NOT PROSPER in peace! Each cause produces results after its own kind.

HATE-POVERTY VS. LOVE-PROSPERITY

ONE MAN'S ATTITUDE: "I don't believe what you write about tithes. Last year, I read a book. It said it would make me rich, so I paid it to a church for a while. I'm worse off now. Debts get more every year, and my wife left me. I don't care if Moses and Christ said so. Priests invented tithes to grab money from us. Churches push us into the wholesale slaughter."

MY ANSWER: You and I ARE brothers—sons of the same God, living on the same earth, bathed in the same sunshine, walking in the same paths bordered with the same lilies. I work hard for everything I get, and am gloriously happy. You work like the dickens, and everything is damnable. There's such a thing as ATTITUDE; *change yours!* The sun does not stop shining merely because you stamp around and stir up so much dust that you blind your eyes so you cannot see it! God IS! The sun shines!

WHEN PAY TITHES.

QUESTION: "When shall I tithe? I receive my salary weekly. Is this plan good for the month?"

"First your article has lead me to start tithing, so I send the first week's tithe to you; then I

read a splendid article in Unity which did me a world of good, and I plan to send next week's tithe there; then the help I receive from the I N T A in starting classes for Miss J. — was a real help to me, so I shall send the third week's tithe to Headquarters; and I am planning the fourth week's tithe for Nautilus which always does me so much good *every month!*"

ANSWER: I am very happy you are thinking *discriminatively*. As you tithe to *different* sources, you will become more spiritually conscious of *all* the good that comes to you and increase your habit of praising God which is the best means of overcoming the troubles you mention in the rest of your letter. Once I got into the habit of praising God every morning and every night because I didn't have *three* noses, and when I got to thinking of the joy of having only one nose, all other troubles vanished. God bless you; I'm glad to know of your raise in salary.



A DEPARTMENT OF
CONSULTATION AND SUGGESTION
CONDUCTED BY ELIZABETH TOWNE
AND WILLIAM E. TOWNE

*"O wad some power the giftie gie us,
To see ourselves as ithers see us,
It wad frae mony a blunder free us
And foolish notion."*

We answer in this department the 1001 personal problems that are put to us—as far as space and time hold out. And we make one answer do for more than one questioner when possible. Correspondents desiring a personal reply by mail are referred to our ELTO SERVICE (Price \$5 plus Love Offering). We would answer every letter gratis if it were humanly possible. We MUST curtail, hence the charge for querists who feel they cannot await their answers in these columns. To insure careful attention in our office write "Family Counsel" at head of sheet, and write your subscription order or other business on a separate sheet.—THE EDITORS.

MISS L. B.—You have plenty of energy left to give to life. It is only that you prefer (unconsciously) to be miserable and unhappy with your past memories rather than active in present usefulness to society and to yourself. It is a childish, super egotistic (or selfish) state of mind that has brought you where you are. If you will face your problem once for all and *choose* to take your place in the world and do your share of the work and then put the emphasis in your thought life over on the side of useful work and constructive activity during every waking hour, you will soon find yourself gaining. The man to whom you refer will probably find his greatest compensation in his children. Each problem of this kind is peculiar to itself, and each must find his own adjustment. What would apply in one case might not fit another at all under similar circumstances. However, work is a great outlet in such circumstances, and the more creative, constructive work

he can crowd into his day the more at peace he will find himself. In his thought life he will need to put the emphasis upon his relation to society and keep before himself an ideal of pleasure in service—service to his children and the coming generation.

A. E. C.—Why not try for a position in a beauty culture parlor, and when you have gained a little experience go into the business for yourself. Or, if you can get together enough money to give you a start, try to find such a farm as you desire to rent. Your first need is to *act* in order to bring about the realization of your desire. It seems to me the possibility of the particular marriage you speak of is too remote to consider, and that you would better let the marriage question settle itself for the present while you are working toward your ideal.

F. M. R.—You say you have found the source of your fear thoughts, your nervousness, in a childhood repression. Have you tried to give the dammed-up energy a new outlet along constructive lines? The next time you feel the least bit nervous, try to concentrate your attention and your imagination upon some active work, either mental or physical activity. Let your imagination play about this work. Think of its possibilities, of what it may open into, of ways in which you can expand the work, anything to keep your thoughts occupied *with* your activity and away from yourself and your feelings. Gradually you will build up new mental channels and the old feelings will become less and less intense. Do not try to crowd back the fear thoughts by force of will. That will only give them added power. Face these thoughts as they arise, and then direct your thought energy and your imagination to your work until it becomes a *habit* to express all your surplus energy in work. Work to the extent of your strength each day. It is your imagination that feeds the fear thoughts: it is your imagination that can stop feeding them and direct your energy into constructive activities.

MR. C. G.—Discouragement comes as a result of trying to do one thing while thinking of something else. You divide your energies, thus wasting them. On your vacation your mind and body functioned together because you were interested. Learn to let your work be as interesting and your trouble will cease. You want to grow, but your fear of change or effort to improve is greater than your desire to advance. Keep yourself ACTIVE at your present position. You must grow first where you are before you are ready for something better, and when it comes do not be afraid to accept it. Your early training or some life experience may make this seem difficult to overcome, but more constructive activity and less attention to your *feelings* will bring results.—A. G.

MRS. A. H. W.—Try suggestion during sleep, using the simple method often explained in *Nautilus*. Use the healing affirmations given by "W. Y. M." in her numerous articles in *Nautilus*. And remember your worry about the matter may have as much to do with causing his ill-health as anything else.

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A Cozy Corner Department where everybody chats and the Recording Angel sets down what she can find room for.

Prayer Answered in a Dream.

DURING the World War, when hearts were sad and homes were shrouded in gloom, the writer was in that class. Two sons, one on war's red line, and one at the shipyards, were the objects of unceasing prayer.

It was during the days when our boys were facing the murderous fire of the Germans in the Argonne and were reported on the casualty list as wounded, missing or killed in action, and the fates seemed against us, that the incident which I am about to relate, took place.

One afternoon, when the scales were not evenly balanced, and the papers chronicled the list of the dead in bold headlines in large numbers, and we did not know whether the young man was safe or not, we retired to the solitudes to inquire of "Him who knoweth all things".

There, in the lone and solitary forest, seen only by the omniscient God, we prayed. Our petition was simple and childlike: "Oh, God, our gracious, Heavenly Father, we come to Thee with a troubled heart, trusting Thee as our great deliverer. We pray Thee to comfort our sorrowing hearts, and give us, in Thine own good time, the sweet assurances that all is well with Homer, and if it be in harmony with Thy holy will, give me a vision of him just as he is now and as he shall be when the war is ended". And a calmness like that of the mother's when she stills her fretful child with her softly-sung lullaby, came over me, and I was happy.

Never before had we such assurances that God was about. It seemed as if God was saying, "The ground whereon thou standest is holy", we were so conscious of the presence of God.

That night, in answer to prayer, the vision came. We saw therein our precious son, Homer, in full paraphernalia, with no marks of the war good after 18 months of war life. He was vibrant with life, buoyant in spirit, a soldier of fine physique—tipping the scales at 175 pounds, 20 pounds in excess of what he weighed when he joined the colors.

That was in September, and in July following our prayer was answered. We refused to entertain any thoughts of doubt or fear after the vision, knowing that God had promised to take care of Homer, and He did.

The war is over. Homer is with us, and, best of all, he is a Christian, which he was not while the object of our prayers. For this we prayed daily, as well as for the revelation to which reference has been made.

"The effectual, fervent prayer of a righteous man availeth much," says James.—W. M. W., Tenn.

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LIVING THE LIFE WHICH CAN BE YOURS**

Chicago, Ill.



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Say you saw it in NAUTILUS. See guarantee, page 5.

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A SURE ROAD TO EVERY ACHIEVEMENT.

A book which teaches the Philosophy, Science and Art of Affirmation, the most available Mental Process, for Results. It gives, in nine chapters, more practical information than many authors do in that many volumes. Valuable to beginners and advanced students alike.

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- XV. Francis' Problem.
- XVI. A Luncheon Talk on Supply.
- XVII. Francis Solves His Problem.
- XVIII. Truth Triumphant; The Curtain Falls.

CHAPTER III

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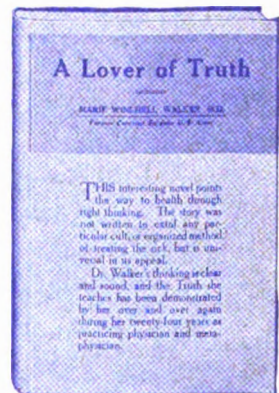
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- How a young man was cured of shell shock by learning to express a boyhood desire.
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